

Moving South Rumba

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner Rumba
編舞者: Karen Tripp (CAN) - June 2010
音樂: Moving South - Ross Mitchell, His Band and Singers : (CD: The Best of the Dansan Years Vol. 3)



Start: 16-count wait, left foot free

HALF RUMBA BOX (& HOLD), FORWARD LOCK FORWARD (& HOLD)

1-4 Step left to left side, step right together, step forward on left, hold
5-8 Step diagonally forward on right, lock left behind right, step diagonally forward on right, hold

HALF RUMBA BOX BACK (& HOLD), BACK LOCK BACK (& HOLD)

9-12 Step left to left side, step right together, step left back, hold
13-16 Step diagonally back on right, cross left in front of right, step diagonally back on right, hold

RUMBA BASIC LEFT (& HOLD), ROCK 3 (& HOLD)

17-20 Step side on left, step right next to left, step side on left, hold
21-24 Rock side on right, left, right, hold

FRONT WEAVE & SWEEP, BEHIND, SIDE ¼ RIGHT, FORWARD (& HOLD)

25-28 Cross left over right, step right to side, cross left behind right, sweep right toe forward and around to the side, continuing to the back
29-32 Cross right behind left, turn ¼ right and step side on left, step right forward, hold

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