

Clear Conscience

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Improver NC2
編舞者: Louise Elfvengren (NOR) - June 2010
音樂: Clear Conscience (勿忘心安) - Jason Zhang (张杰)



Intro: 16 counts

SECTION 1

BASIC NIGHT CLUB LEFT-RIGHT, ¼ TURN LEFT, ½ TURN, STEP, ROCK FW, REC.

- 1-2& Long step left, rock right behind left, recover onto left.
- 3-4& Long step right, rock left behind right, recover onto right.
- 5-6& Turn ¼ left stepping down on left, turn ½ left stepping back on right, step forward on left.
- 7-8 Rock right forward, recover onto left.

SECTION 2

WEAVE WITH SWEEP, ROCK SIDE REC. MAMBO ROCK FW, TURN ¼ RIGHT, WALK x 2

- 1-2& Sweep right behind left, step left to left, cross right in front of left.
- 3-4 Rock to left side, recover onto right.
- 5&6 Rock left forward, recover onto right, step down on left.
- 7&8 Turn ¼ right stepping right forward, step left forward, step right forward.

SECTION 3

BASIC NIGHT CLUB LEFT-RIGHT, ¼ STEP LEFT & FULL TURN, SWAY x 2

- 1-2& Long step left, rock right behind left, recover onto left.
- 3-4& Long step right, rock left behind right, recover onto right.
- 5-6& Turn ¼ left stepping forward on left, turn ½ left stepping back on right, turn ½ left stepping forward on left.
- 7-8 Sway right- left.

SECTION 4

ROCKING CHAIR, ROCK RIGHT SIDE, REC. WEAVE LEFT, ¼ TURN RIGHT, TOUCH

- 1&2& Rock right forward, recover onto left, rock right back, recover onto left.
- 3-4 Rock right to right side, recover onto left.
- 5&6& Step right behind left, step left to left, cross right in front of left, step down on left.
- 7-8 Turn ¼ right stepping down on right, touch left beside right.

TAG 4 COUNTS AFTER FINISHING SECTION 4 ON WALL 3 & 5.

- 1-4 Sway left - right – left – right