

What About Me

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gordon Elliott (AUS) - May 2010
音樂: What About Me - Cascada : (CD: Evacuate The Dance Floor)



Original Position: Feet Together Weight On The Left Foot.

Introduction : 32 Beats

SIDE, ROCK, SHUFFLE ACROSS, SIDE, ROCK, SHUFFLE ACROSS

1, 2 Step R To The Side, Side Rock Onto L,
3 & 4 Shuffle Right Across In Front Of Left Step : R-L-R,
5, 6 Step L To The Side, Side Rock Onto R,
7 & 8 Shuffle Left Across In Front Of Right Step : L-R-L.

PIVOT TURN, SHUFFLE FORWARD, 1/2 TURN, 1/2 TURN, 1/2 TURN, HOLD

1, 2 Pivot : Step R Forward, Turn 180Deg Left Take Weight Onto L,
3 & 4 Shuffle Forward Step : R-L-R,
5, 6 Turn 180Deg Right Step L Back, Turn 180Deg Right Step R Forward,
7, 8 Turn 180Deg Right Step L Back, Hold. ###

BACK, ROCK, KICK BALL STEP, KICK BALL STEP, FORWARD, FORWARD

1, 2 Step R Back, Rock Forward Onto L,
3 & 4 Kick R Forward, Step R Together, Step L Forward,
5 & 6 Kick R Forward, Step R Together, Step L Forward,
7, 8 Step R Forward, Step L Forward.

SYNCOPATED MONTEREY, SYNCOPATED MONTEREY

1, 2 & Touch R Toe To The Side, Hold, Turn 180Deg Right Step R Together,
3, 4 & Touch L Toe To The Side, Hold, Step L Together,
5, 6 & Touch R Toe To The Side, Hold, Turn 180Deg Right Step R Together,
7,8& T ouch L Toe To The Side, Hold, Step L Together. ##

ACROSS, BACK, BACK, ACROSS, BACK, BACK, ACROSS, BACK

1, 2 Step R Across In Front Of Left, Step L Back,
3, 4 Step R Back, Step L Across In Front Of Right,
5, 6 Step R Back, Step L Back,
7, 8 Step R Across In Front Of Left, Step L Back.

BACK, ROCK, FORWARD, DRAG, FORWARD, DRAG, PIVOT TURN

1, 2 Step R Back, Rock Forward Onto L,
3, 4 Step R Forward, Drag To Touch L Together,
5, 6 Step L Forward, Drag To Touch R Together,
7, 8 Pivot : Step Forward, Turn 180Deg Left Take Weight Onto L. #

ACROSS, TOUCH, ACROSS, TOUCH, ACROSS, BACK, SIDE, FORWARD

1, 2 Step R Across In Front Of Left, Touch L Toe To The Side,
3,4 Step L Across In Front Of Right, Touch R Toe To The Side, #####
5, 6 Step R Across In Front Of Left, Step L Back,
7, 8 Step R To The Side, Step L Forward.

SHUFFLE FORWARD, 1/2 TURN, 1/2 TURN, SHUFFLE FORWARD, FORWARD, TOGETHER

1 & 2 Shuffle Forward Step : R-L-R,
3, 4 Turn 180Deg Right Step L Back, Turn 180Deg Right Step R Forward,

5 & 6 Shuffle Forward Step : L-R-L,
7, 8 Step R Forward, Step L Together.

64 Repeat The Dance In New Direction

RESTARTS : LISTEN ... THE MUSIC WILL TELL YOU WHEN THE RESTARTS OCCUR

On WALL 1 dance to BEAT 48 (#) then restart to the BACK.

On WALL 3 dance to BEAT 32 (##) then restart to the FRONT.

On WALL 5 dance to BEAT 16 (###) then restart to the BACK.

On WALL 7 dance to BEAT 52 (####) then restart to the BACK

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