The Girl From Ipanema

級數: Beginner

編舞者: Karen Tripp (CAN) - June 2010

音樂: The Girl from Ipanema - Lou Rawls

Right foot free, 16 beats from first instrumental

SIDE TWO-STEP & TOUCH (RIGHT THEN LEFT)

- 1-4 Step side on R, close L to R, step side on R, brush with left
- 5-8 Step side on L, close R to L, step side on L, brush with right

FORWARD LOCK FORWARD & TOUCH (RIGHT THEN LEFT)

- 9-12 Diagonal forward on R, lock L behind R, step forward on R, touch L next to R
- 13-16 Diagonal forward on L, lock R behind L, step forward on L, touch R next to L

SIDE TWO-STEP & TOUCH (RIGHT THEN LEFT)

17-24 Repeat steps 1-8

拍數: 64

STEP BACK & TOUCH WITH CLAPS 4 TIMES

- 25-26 Step diagonally back on R, touch L next to R (clap)
- 27-28 Step diagonally back on L, touch R next to L (clap)
- 29-32 Repeat steps 25-28

VINE RIGHT ¼ TURN (R) & BRUSH, ROCKING CHAIR

- 33-36 Step R to R side, step L behind R, turn ¼ R and step R, brush L next to R
- 37-40 Rock forward on L, recover back on R, rock back on L, recover forward on R

(L) JAZZ BOX WITH A TOUCH; HEEL CROSS HEEL FLICK

- 41-44 Cross L over R, step back on R, step side on L, touch R next to L
- 45-48 Place R heel out diagonally to R, cross R foot in front of left shin, place R heel out diagonally to R, flick R heel back

(* dance ends with heel flick)

LINDY RIGHT & LEFT

- 49&50 Step side to the R, close L next to R, step side on R
- 51-52 Rock back on L, recover on R
- 53-56 Repeat 49-52 with opposite footwork

SIDE KICK WITH CLAPS 4 TIMES

- 57-60 Step side on R, kick with L (clap), Step side on L, kick with R (clap)
- 61-64 Step side on R, kick with L (clap), Step side on L, kick with R (clap)

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牆數:4