

# Scandinavian Waltz

COPPER KNOB  
STEP SHEETS

拍數: 48                      牆數: 4                      級數: Improver Waltz  
編舞者: Martie Papendorf (SA) - June 2010  
音樂: Scandinavian Waltz - Whistlin' Rufus : (CD: It's About Time)



## (1-6) WALTZ FORWARD AND SIDE

1-3                      Basic Waltz step fwd on L (L fwd, R together, L together)  
4-6                      Step R to R, L together, R together

## (7-12) BACK DRAG X 2

1-3                      L long step back diagonal L (1), drag R back (2) to touch L (3),  
4-6                      R long step back diagonal R (1), drag L back (2) to touch R (3) ,

## (13-18) TURN, SIDE ROCK, SLIDE & FLEX, TOUCH

1-3                      Turn ½ to L stepping fwd on L, rock out to R, rock back on L,(6.00)  
4-6                      Turning ¼ L slide /skate R short distance back flexing L foot, drag L to R, touch L next to R  
(3.00)

## (19-24) TRIPLE TURN X 2 (FULL TURN L)

1-3                      Triple turn ½ forward (L, R, L) stepping L fwd (3.00),R in place (12.00),L in place (9.00)  
4-6                      Triple turn ½ forward (R, L, R) stepping R back towards 3.00 (still facing 9.00),L in place  
(6.00),R fwd (3.00)

## (25-30) L & R SAILOR STEPS

1-3                      Cross step L behind R, Step R to R side. Step L in place.  
4-6                      Cross step R behind L, Step L to L side, Step R in place

## (31-36) TURN, POINT, BACK, POINT

1-3                      Make ¼ turn L stepping L forward, point R to R side, hold (12.00)  
4-6                      Step back R (1), point L across R (2), hold

## (37-42) ROCK, BACK, SIDE, ROCK, BACK, SIDE

1-3                      Rock L over R, step back R, rock L to L side  
4-6                      Rock R over L, step back L, rock R to R side

## (43-48) CROSS L OVER R, TIGHT TURN R

1-6                      Cross L over R, make tight 1¼ turn to R over 6 counts, weight ending on R (3.00)

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