

Makeba

拍數: 32 牆數: 4 級數: Beginner
編舞者: Shanthie De Mel (AUS) - June 2010
音樂: Pata Pata - Miriam Makeba : (Album: Mama Africa - 3:00)



Rotation CW: Optional hand movements.

Begin: Wt on L. 16 count intro. Start on vocals – “Sat, vuguga sat, nantsi, pata pata”

For split floor, see “Mama Africa” Intermediate line dance to the same music
‘Mama Africa’ – the late Miriam Makeba, in 1957, sang ‘Pata Pata’ in Xhosa, the ‘click’ language. ‘Pata Pata’ means ‘touch touch’. Pata Pata the dance, originated in Johannesburg, & was done seated. There is touching & patting the ground, & one’s body, in its various dance forms. The steps & hand movements in this line dance have been adapted from the many popular versions of the South African Pata Pata dance.

(1-8) PADDLE RIGHT FULL CIRCLE, SIDE, RETURN (slightly bend knees & keep feet together on turns)
(Wave L hand over head & click fingers at ‘pivot’. Sway & look over R shoulder, hand on hip)

1&2& Step fwd L, pivot 1/8 right on R, step fwd L, pivot 1/8 right on R (3:00)
3&4& Step fwd L, pivot 1/8 right on R, step fwd L, pivot 1/8 right on R (6:00)
5&6& Step fwd L, pivot 1/8 right on R, step fwd L, pivot 1/8 right on R (9:00)
7, 8 Turning 1/4 right rock L to left side, return R (12:00)

(9-16) BRONCO, (RIGHT & LEFT REPEAT), SIDE, RETURN

(Clasp hands & raise them out to the side of, & with the knee lift. Hands to waist for ‘touch’)

1&2& Lift L knee across body, touch L to left side, lift L knee across body, step L down
3&4& Lift R knee across body, touch R toe to right side, lift R knee across body, step R down
5&6& Lift L knee across body, touch L to left side, lift L knee across body, step L down
7, 8 Rock R to right side, return L (12:00)

(17-24) OUT, OUT, IN, IN X2, SHIMMY RIGHT, TOUCH, SHIMMY LEFT, STOMP

(Raise fists over head for ‘out- out’. Bring to waist for ‘in- in’)

1&2& Step R fwd out to right side, step L fwd out to left side, step R back in, step L back in
3&4& Step R fwd out to right side, step L fwd out to left side, step R back in, step L back in
5, 6 Step R to right side shaking shoulders, touch L together clapping hands
7, 8 Step L to left side shaking shoulders, stomp R together clapping hands (12:00)

(25-32) FWD, CLAP X4, BACK, CLICK X2, STOMP, HOLD

(Move fwd bending at the waist & clap at knee level. Straighten & click at waist on back)

1&2& Step L fwd, clap hands, step R fwd, clap hands
3&4& Step L fwd, clap hands, step R fwd, clap hands
5&6& Step L back, click fingers, step R back, click fingers
7, 8 Turning 1/4 right stomp L to left side, stomp R to right side. (3:00)