

Our Ordinary Life

COPPERKNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Lynne Martino (USA) - February 2010
音樂: Ordinary - Wayne Brady : (Album: A Long Time Coming)



Start dance after 16 counts in on vocals

(1-8) 2 WALKS, MAMBO, COASTER, 2 WALKS

1,2 Walk forward R(1), L(2)
3&4 Rock R forward (3), Recover on L(&), step R next to L(4)
5&6 Step L back(5), step R back next to L(&) Step L forward(6)
7,8 Walk forward R(7), L(8)

(9-16) 1/4 TURN, CROSS, SYNCOPATED WEAVE, CROSS, STEP, SWAYS, 1/4 TURN

1,2 Turn ¼ right putting weight on R foot(1), cross L over R (2)
3&4 Step R to right side(3), step L behind R(&), step R to right side(4)
5-8 Cross L over R(5), Step R to right side and sway R hip to the right(6), Putting weight on L, way L hip to the left(7), step R forward ¼ turn right(8)

(17-24) STEP, ¼ TURN, CROSS & CROSS, STEP, SLIDE, TOUCH, COASTER

1,2 Step L forward(1)** ,make ¼ turn right stepping R to right side (2)
3&4 Cross L over R (3), step R to right side (&), cross L over R (4)
5,6 Step R out to right side (5), drag and touch L next to R (6)
7&8 Step L back (7), step R back next to L (&), step L forward (8)

(25-32) ROCK, RECOVER, SHUFFLE, ROCK, RECOVER, ½ TURN SWEEP

1,2 Rock R forward (1), recover on L (2)
3&4 Shuffle back R (3), L(&), R(4)
5,6 Rock L back (5), recover on R (6)
7,8 Sweep L around ½ turn right (7), step L forward(8)

(33-40) ROCK, RECOVER, STEP, ROCK RECOVER, COASTER, STEP, ¼ TURN

1&2 Rock R to right side (1), recover on L (&), step R forward (2)
3,4 Rock L forward (3), recover on R (4)
5&6 Step L back, (5), step R back next to L (&), step L forward (6)
7,8 Step R forward (7), make ¼ turn left, putting weight on L foot (8)

(41-48) 2 WALKS, CROSS ROCK, RECOVER, TOUCH, CROSS ROCK, RECOVER, STEP, STEP, TOUCH

1,2 Walk forward R(1), L (2)
3&4 Rock R behind L (3), recover on L (&), touch R to right side (4)*
5&6 Rock R behind L (5), recover on L (&), step R to right side (6)
7,8 Step L forward (7), touch R next to L (8)

(49-56) 2 WALKS, ¼ TURN STEP, CROSS, STEP, ¼ TURN COASTER, TOUCHES

1,2 Walk forward R (1), L (2)
3&4 Make a ¼ turn left, step R to the right side, (3), cross L over R (&), step R to right side (4)
5&6 Make ¼ turn left, sweep L slightly around and step back on L (5), step R back next to L (&), step L slightly forward (6)
7&8 Touch R out to right side (7), touch R next to L (&), touch R out to right side (8)

End of Dance

Easy Restarts:

***Restart #1 (Wall 2) Dance up to count 44(6 o'clock wall)start dance again**

****Restart #2 with 1 count tag (Wall 5) Dance first 17 counts, make ½ turn right keeping weight back on L foot while touching R in front of L (1), start dance again.**

Optional Finish: you will dance up to count 48 (6 o'clock wall), cross R over L and turn ½ turn left to face the front

Many thanks to Rosie Multari for her valuable time, patience and encouragement. You are the best!

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