

# Breakthrough

**COPPER** **KNOB**  
BY STEPHEN

拍數: 52      牆數: 4      級數: Improver / Easy Intermediate  
編舞者: Barbara Lowe (UK), Sadiya Heggernes (NOR/UK) & Kim Ray (UK) - June 2010  
音樂: Girls Just Want to Have Fun - Race for Life



## 32 Count Intro:

### ROCK FORWARD/RECOVER, TRIPLE ½ TURN RIGHT, ½ TURN RIGHT STEPPING BACK, HOLD, & STEP BACK, ROCK BACK

1-2            Rock forward on right, recover back on left  
3&4           Triple half turn right stepping right, left, right  
5-6           ½ turn right stepping back on left, hold  
&7-8          Step right next to left, step back on left, rock back on right (12o/c)

### ROCK FORWARD, STEP FORWARD, LEFT FORWARD SHUFFLE, ¼ PIVOT TURN LEFT, CROSS POINT

1-2            Rock forward on left, step forward on right  
3&4           Shuffle forward stepping left, right, left  
5-6           Step forward on right, ¼ pivot turn left  
7-8           Cross step right over left, point left toe to left side (9o/c)

### STEP BEHIND, SIDE, SHUFFLE FORWARD, ½ PIVOT LEFT, BALL WALKS FORWARD

1-2            Cross step left behind right, step right to right side  
3&4           Shuffle forward stepping left, right, left  
5-6           Step forward on right, ½ pivot turn left  
&7-8          Step right next to left, walk forward on left, walk forward on right (3o/c)

### ROCK FORWARD/RECOVER, CHASSE ¼ TURN LEFT, ½ PIVOT TURN LEFT, CROSS, POINT

1-2            Rock forward on left, recover back on right  
3&4           ¼ left stepping left to left side, step right next to left, step left to left side  
5-6           Step forward on right, ½ pivot turn left  
7-8           Cross step right over left, point left toe to left side (6o/c)

### SAILOR STEP, TOUCH BACK, ½ TURN RIGHT, DOROTHEA STEPS X 2

1&2           Cross left behind right, step right to right side, step left to left side  
3-4           Touch right toe back, ½ turn right taking weight on right  
5-6&          Step diagonally forward on left, lock step right behind left, step left in place  
7-8&          Step diagonally forward on right, lock step left behind right, step right in place (12o/c)

### ROCK FORWARD/RECOVER, TRIPLE ½ TURN LEFT, ROCKING CHAIR

1-2            Rock forward on left, recover back on right  
3&4           Triple ½ turn left stepping left, right, left  
5-6           Rock forward on right, recover back on left  
7-6           Rock back on right, recover forward on left (6o/c)

### ¼ PIVOT TURN LEFT, KICK BALL STEP

1-2            Step forward on right, ¼ pivot turn left  
3&4           Kick right forward, step down on right, step forward on left (3o/c)

This dance is dedicated to all those who took part in Race For Life 2010 and for all those they raced for.