拍數： 64
銅數： 4
級數：Improver
編舞者：Winson Eng（MY）－June 2010
音樂：In My Head－Jason Derulo

Cross Unwind Full Turn ，Sailor 1／8 Turn ，Charleston Step，Kick Ball Change
1－2 Cross $R$ over $L$ ，make a full turn $L$ sweeping $L$ from front to back
3\＆4 Cross $L$ behind $R$ and turn $1 / 8 \mathrm{~L}$ ，step $R$ to $R$ ，step $L$ to $L$（Facing 11 o＇clock）
5－6 Touch $R$ fwd，touch $R$ back
$7 \& 8 \quad$ Kick $R$ fwd，step $R$ in place，step $I$ in place

Jazz Box Square Up To 1／8 Turn，Scuff，Fwd Touch，Back Touch
1－2 Cross $R$ over $L$ ，step back with $L$
3－4 Turn 1／8 R stepping $R$ to $R$ ，scuff $L$ fwd
5－6 Step $L$ fwd，touch $R$ behind $L$
7－8 Step $R$ back，touch $L$ in front of $R$

Monterey 1⁄2，Point And Flick，Shuffle Fwd，Rock Fwd，Recover
1－2 Point $L$ to $L$ ，turn $1 / 2 L$ stepping $L$ in place
3－4 Point $R$ to $R$ ，flick $R$ back
5\＆6 Step R fwd，lock $L$ behind $R$ ，step $R$ fwd
7－8 Step $L$ fwd and rock $L$ fwd，recover on $R$

Back Lock Step X2，Unwind ½，Walk Fwd
1\＆2 Step $L$ back，lock $R$ in front of $L$ ，step $L$ back
3\＆4 Step $R$ back，lock $L$ in front of $R$ ，step $R$ back
5－6 Touch $L$ back，turn $1 / 2 L$ and step $L$ in place
7－8 Walk $R$ fwd，walk $L$ fwd

Grapevine To R，Touch ，Grapevine To L，Side Together $1 / 4$
1－2 $\quad$ Step $R$ to $R$ ，cross $L$ behind $R$
3－4 $\quad$ Step $R$ to $R$ ，touch $L$ beside $R$
5－6 Step $L$ to $L$ ，cross $R$ behind $L$
$7 \& 8 \quad$ Step $L$ to $L$ ，step $R$ together with $L$ ，turn $1 / 4 L$ stepping $L$ fwd
Point，Hitch，Back Lock Step，Back Rock，Recover，L Shuffle ½ R Back
1－2 Point $R$ beside L，hitch R
3\＆4 Step $R$ back，lock $L$ in front of $R$ ，step $R$ back
5－6 Step $L$ back and rock $L$ back，recover on $R$
$7 \& 8 \quad$ Turn $1 / 4 R$ stepping $L$ to $L$ ，step $R$ beside $L$ ，turn $1 / 2 R$ stepping $L$ back
Back Rock，Recover，R Shuffle $1 / 2$ L Back，Point，Hitch，L Side Chasse
1－2 Step $R$ back and rock $R$ back，recover on $L$
3\＆4 Turn $1 / 4 L$ steppi ng $R$ to $R$ ，step $L$ beside $R$ ，turn $1 / 4 L$ stepping $R$ back
5－6 Point $L$ beside $R$ ，hitch $L$
7\＆8 Step $L$ to $L$ ，step $R$ beside $L$ ，step $L$ to $L$

Cross Rock Step X2，Pivot ½，Side Rock，Recover
1－2\＆Cross rock $R$ over $L$ ，recover on $L$ ，step $R$ to $R$
3－4\＆Cross rock $L$ over $R$ ，recover on $R$ ，step $L$ to $L$
5－6 Step $R$ fwd，turn $1 / 2 L$ with $L$ fwd
7－8 $\quad$ Step $R$ to $R$ and rock $R$ ，recover on $L$

