

After The Weekend

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - June 2010
音樂: Saturday Night - Sam Millar : (CD: Saturday Night)



32 count intro - Dance rotates in CCW direction

Right rocking chair. Step. Pivot half turn Left. Shuffle forward

1 – 2 Rock forward on Right. Recover onto Left
3 – 4 Rock back on Right. Recover onto Left
5 – 6 Step forward on Right. Pivot half turn Left (Facing 6 o'clock)
7&8 Step forward on Right. Step Left beside Right. Step forward on Right

Left side rock. Cross shuffle. Monterey half turn Right. Flick

1 – 2 Rock Left to Left side. Recover onto Right
3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
5 – 6 Point Right to Right side. Half turn Right stepping Right beside Left (Facing 12 o'clock)
7 – 8 Point Left to Left side. Flick Left foot diagonally back Left

Weave quarter turn Right. Step. Pivot half turn Right. Shuffle forward

1 – 2 Cross Left over Right . Step Right to Right side
3 – 4 Cross Left behind Right. Quarter turn Right stepping forward on Right
5 – 6 Step forward on Left. Pivot half turn Right (Facing 9 o'clock)
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

Cross. Hold. Cross. Hold. (Prissy steps). Hip bumps x 4

1 – 2 Cross step Right over Left. Hold & clap
3 – 4 Cross step Left over Right. Hold & clap
5 – 6 Step Right to Right side bumping hips Right. Bump hips Left
7 – 8 Bump hips Right. Bump hips Left (weight ends on Left)

Start again

* There is one very easy 4 count tag at the end of wall 9 (Facing 9 o'clock).
Simply repeat steps 5 – 8 of section 4 (the 4 hips bumps)