

Monday Morning

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Sue Hsu (USA) & Kathy Chang (USA) - June 2010
音樂: Monday Morning - Melanie Fiona



8 count intro (clap hands on count 4-8)

(1-8) R Cross Point, Hold, Side, Hold, L Cross Point, Hold, Side, Hold

- 1-4 Cross point right toe over left, lean body to right and open arms (1), hold (2), step right to right side (3), hold (4).
5-8 Cross point left toe over right, lean body to left and open arms (5), hold (6), step left to left side (7), hold (8).

(9-16) Jazz Box – R Cross, Hold, Back, Hold, Side, Hold, Forward, Hold

- 1-4 Cross step right over left, hold, step back on left, hold,
5-8 Step right to right side, hold, step forward on left, hold.

(17-24) (Forward, 1/4 Hitch)x3, Stomp, Stomp

- 1-4 Step right forward (1), make a 1/4 turn left, hitch left knee and clap hands (2)(9:00), step left forward (3), make a 1/4 turn left, hitch right knee and clap hands (4)(6:00)
5-8 Step right forward (5), make a 1/4 turn left, hitch left knee and clap hands (6)(3:00), stomp forward on left, stomp right next to left.

(25-32) L Side, Hold, Rock Back, Recover, Side, Behind, 1/4 Turn Right, Hold

- 1-4 Big step left to left side, hold, cross rock right behind left, recover on left,
5-8 Step right to right side, cross step left behind right, 1/4 turn right step forward on right, hold

(33-40) Cross, Side, Behind, Flick, Cross, Side, Behind, Point

- 1-4 Cross step left over right, step right to right side, cross step left behind right, flick right foot out to right diagonal.
5-8 Cross step right over left, step left to left side, cross step right behind left, point left toe to left side.

(41-48) Walk, Hold, Walk, Hold, Step, Pivot 1/2 Right, Forward, Hold

- 1-4 Step forward on left, hold, step forward on right, hold.
5-8 Step forward on left, pivot 1/2 turn right weight on right, step forward on left, hold.

(49-56) Walk, Hold, Walk, Hold, Step, Pivot 1/4 Left, Cross, Hold

- 1-4 Step forward on right, hold, step forward on left, hold,
5-8 Step forward on right, pivot 1/4 turn left weight on left, cross right over left, hold.

(57-64) Side, Touch, Side, Touch, Side, Together, Side, Hold (Clap Hands)

- 1-4 Step left to left side, touch right toe next to left and snap fingers, step right to right side, touch left toe next to right and snap fingers.
5-8 Step left to left side, step right next to left, step left to left side, hold (clap hands).

Start over & have fun!

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