

All Nighter

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Michael Lynn (UK) - May 2010
音樂: All Night Long (feat. Pitbull) - Alexandra Burke : (3:42)



(32 count intro, 121bpm)

LEFT HEEL GRIND, LEFT COASTER STEP, SCUFF-HITCH-SIDE, GIMPY LEG

1-2 Touch left heel forward, grind from right to left,
3&4 Step back left, step right beside left, step forward left,
5&6 Scuff right, hitch right, touch step right to right side (keeping weight on left),
7-8 Swivel right heel to left, swivel right toes to left,

RIGHT JAZZBOX, 1/2 HINGE TURN LEFT, CROSS ROCK RECOVER

1-2 Cross right over left, step left back,
3-4 Step right to right side, cross left over right,
5-6 Step right ¼ turn left, step left ¼ turn left,
7-8 Cross rock right over left, recover left.

TAGLET: On wall 10 (facing back), dance upto count 16, add the 4 count tag and restart the dance.

UPPITY HEELS, STEP, UPPITY HEELS, TWIST 1/4'S, RIGHT KICK BALLCHANGE

1&2 Step right to right side, lift both heels up (&), place heels back down (keeping weight on right) (2),
& Step left beside right (&),
3 Step right forward (right heel should be in line with left toes) (3),
&4 Lift both heels up (&), place heels back down (4),
5-6 Twist both heels 1/4 turn left, twist both heels 1/4 turn right,
7&8 Kick right foot forward, step right beside left, step onto left in place.

RIGHT ROCKING CHAIR, DIAGONAL 1/8 JUMP-TOGETHER x2

1-2 Rock forward on right, recover left,
3-4 Rock back on right, recover left,
&5 Small jump right forward while making an 1/8 turn to face left diagonal, bring left beside right,
6 Hold for count 6,
&7 Small jump left forward while making an 1/8 turn to face right diagonal, bring right beside left,
8 (keeping weight on right), hold for count 8.

ALT STEPS: Counts 1-4 can be replaced with a 2 step pivot 1/2 turns left.

TAG (Danced after first 16 counts on Wall 10 only)

HANDBAG STEPS

1-2 Step right to right side, touch left beside right,
3-4 Step left to left side, step right beside left (keeping weight on right).

CHOREOGRAPHER'S NOTE'S

TAGLET: On wall 10 (you will be facing the back), dance upto count 16, then add the 4 count tag and restart the dance.

Alt Music : "All Night Long (4:23)" by Alexandra Burke (32 count intro, 121bpm)

CD Album: "Overcome" by Alexandra Burke

This can also be danced to the original album version on Alexandra's debut album "Overcome". This allows a floor split with Ryan Hunt's intermediate dance "Night Owl" or any other dances out there :o) If using this version dance ALL 32 counts of Wall 10 then add the 4 count tag (no restart at 16 counts is needed).

