

Perfect Day

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Daniëlla Deckers (NL) - June 2010
音樂: Perfect Day - Lady A : (CD: Need You Now)



Dance starts after 16 counts from start melody

Kick ball step, Side switches, Cross, ¼ turn left, Chassé left

1&2 Kick right forward, Step right in place, Step left forward
3&4 Point right to right side, Step right in place, Point left to left side
5,6 Cross left over right, Right foot ¼ turn left step back
7&8 Step left to left side, Step right next to left, step left to left side (9)

Cross & heel & cross unwind ¾ turn right, Coasterstep, Lockstep forward

1&2& Cross right over left, Step left to left side, Right heel forward, Step right next to left
3,4 Cross left over right, ¾ turn right (weight ending on left foot) (6)
5&6 Step right back, Step left next to right, Step right forward
7&8 Step left forward, Lock right behind left, Step left forward *** restart during wall 2 & 5

Mambo forward, Mambo back, Pivot ½ turn left, Full tripple turn forward

1&2 Step right forward, recover on left, step right next to left
3&4 Step left back, recover on right, step left next to right
5,6 Step right forward, ½ turn left (12)
7&8 ½ turn left step right back, ½ turn left step left forward, step right forward

Rock forward, Sailorstep ¼ turn left, Cross shuffle, ¼ turn right, ½ turn right, step

1,2 Step left forward, recover weight on right
3&4 Cross left behind right, ¼ turn left step right to right side, step left to left side (9)
5&6 Cross right over left, step left to left side, cross right over left
7&8 ¼ turn right step left back, ½ turn right step right forward, step left forward (6)

Start over & enjoy!

***Restarts

During wall 2 and 5 restart the dance after 16 counts

Finish

Dance will finish at 12 o'clock. Dance the first 5 counts of the dance, then add the following steps:

6 Step right back
7,8 Big step to left side, dragging right to meet left

Note:

During the first 16 counts of wall 8 the music will change rhythm.

Continue dancing the rhythm you danced before and after these 16 counts the rhythm changes back to normal.