

It's All About You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - June 2010
音樂: It's All About You - Juliana Pasha : (CD: Eurovision Song Contest Oslo 2010 - Albania)



Dance rotates in a clockwise direction
(20 count intro. Start on vocals)

CROSS-ROCK. SIDE-ROCK. CROSS. (QUARTER TURN L) STEP BACK. CHASSE' (QUARTER TURN L)

1-4 Cross-rock left over right. Recover. Rock left to side. recover
5-6 Cross left over right. Quarter turn left step back on right (9:00)
7&8 Step left to side. Step right beside left. Quarter turn left step forward on left (6:00)

(QUARTER TURN L) STEP BACK. SWEEP (QUARTER TURN L). SAILOR (QUARTER TURN L). KICK-BALL-STEP. ROCK. RECOVER

1-2 Quarter turn left step back on right (3:00). Sweep left quarter turn left (12:00)
3&4 Sailor-step quarter turn left (9:00)
5&6 Right kick-ball-change
7-8 Rock forward on right. Recover

STEP BACK. STEP BACK. SHUFFLE (HALF TURN R). (QUARTER TURN R) SIDE. TOUCH. SIDE. TOUCH

1-2 Step back right. Step back left
3&4 Shuffle half turn right (3:00)
***Restart here during wall 7 (facing 9:00)
5-6 Quarter turn right step left to side (6:00). Touch right in front of left
7-8 Step right to side. Touch left in front of right

ROCK. RECOVER. TOGETHER. ROCK. HOLD. TOGETHER. CROSS. (QUARTER TURN R) STEP BACK ON THE SPOT TRIPLE TURN (HALF TURN L)

1-2& Rock left to side. Recover. Step left beside right
3-4 Rock right to side. Hold
&5-6 Step left beside right. Cross right over left. Quarter turn right step back on left (9:00)
7&8 Triple step on the spot half turn right (3:00)

TAG: Repeat (the first 4 counts of the dance) counts 1 – 4 on end of wall 2 & 10 (facing 6:00)