

In My Head

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Louise Elfvengren (NOR) - June 2010
音樂: In My Head - Jason Derulo



Intro: 16 counts

Section 1

OUT-OUT, TRIPLE STEP ON THE SPOT, HEELS, POINT LEFT, STEP DOWN

- 1-2 Step right foot out to the right, step left foot out to left.
3&4 Step down right-left-right (on the spot in the middle)
5&6 Put left heel forward, step left beside right, put right heel forward.
& Step right beside left
7-8 Point left to left, step left down beside right.

Section 2

UNWIND ½ RIGHT, COASTER STEP, WALK FW, TRIPLE STEP ON THE SPOT

- 1-2 Put right behind left, turn ½ right taking weight on left. (6)
3&4 Step right back, step left beside right, step right forward.
5-6 Walk forward left-right.
7&8 Step down left-right-left on the spot.

RESTART WALL 4 (facing 3 o clock)

Section 3

TURN ¼ RIGHT, HITCH, ¼ TURN LEFT SHUFFLE, STEP TURN ½ LEFT, STEP, STEP

- 1-2 Turn ¼ right stepping down on right, lift up left foot. (9)
3&4 Turn ¼ left stepping forward left, step right beside left, step left forward. (6)
5-6 Step right forward, turn ½ left stepping left forward. (12)
7-8 Small step forward right, small step forward left.

Section 4

¼ TURN LEFT, COASTER STEP, STEP TURN ½ RIGHT, HEELS DOWN X 2

- 1-2 Step right forward, turn ¼ left stepping down on left. (9)
3&4 Step right back, step left next to right, step right forward.
5-6 Step left forward, turn ½ right stepping forward on right. (3)
7-8 Drop both heels down twice.
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