Share The Moment



拍數: 56 牆數: 4 級數: Phrased Intermediate

編舞者: Steve Rutter (UK) & Claire Butterworth (UK) - May 2010

音樂: In A Moment Like This - Chanée & n'evergreen: (Album: Eurovision Song

Contest 2010 Compilation)



16 Count Intro', Starting On the Word Remember. Sequence: A, A, B, B, Tag, A, B, B, B, B, Ending.

Part A.

Section 1-Side Step, Cross Rock, 1 1/4 Triple Turn Left, Side Rock, Weave.

1 Step right to right side.

2-3 Cross rock left over right, recover weight onto right.

4&5 Make a quarter turn left stepping forward on left, make a half turn left stepping back on right,

make a half turn left stepping forward on left.

Option: For those who may not want to do the 1 ¼ Turn (4&5), replace it with a Chasse ¼ turn left.

6-7 Rock right to right side, recover weight onto left.

8&1 Cross right behind left, step left to left side, cross right over left.

Section 2-(Hip Sways, Triple Step) x2.

2-3 Step left to left side swaying hips left, sway hips right.

4&5 Step left beside right, step right beside left, step left beside right.

6-7 Step right to right side swaying hips right, sway hips left.

8&1 Step right beside left, step left beside right, step right beside left.

Section 3-Step Forward, Spiral Full Turn Right, Right Shuffle, Forward Rock, Triple 1/2 Turn Left.

2-3 Step forward on left, make a full turn right on ball of left hooking right foot up in front of left

shin.

4&5 Step forward on right, close left beside right, step forward on right.

Rock forward on left, recover weight back onto right.

Make a half turn left stepping on left, right, left.

Section 4-Forward Rock, Triple ½ Turn Right, Toe Touch, Side Step, Cross Rock.

2-3 Rock forward on right, recover weight back onto left.
4&5 Make a half turn right stepping on right, left, right.

Touch left toe across in front of right, step left to left side.

Cross rock right over left, recover weight back onto left.

Part B.

Section 1-Side Step, Cross Rock, Extended Chasse Left with ¼ Turn Left, Step Forward, Pivot ½ Turn Left, Step Forward, Close.

1 Step right to right side.

2-3 Cross rock left over right, recover weight back onto right.
4&5 Step left to left side, close right beside left, step left to left side.

&6 Close left beside right, make a quarter turn left stepping forward on left.

7& Step forward on right, pivot a half turn left.8& Step forward on right, close left beside right.

Section 2-Forward Rock, 1/4 Turn Right, Samba Step, Weave, Side Rock, Cross Behind, Side Step.

1-2 Rock forward on right, recover weight back onto left.

3 Make a quarter turn right stepping right to right side.

4&5 Cross left over right, step right ball to right side, replace weight onto left.

&6 Cross right over left, step left to left side.

& Cross left behind right.

7& Rock left to left side, recover weight onto right.8& Cross left behind right, step right to right side.

Section 3-Cross Rock, ¼ Turn Left, Kick-Ball-Step, Forward Rock, ½ Turn Right.

1-2 Cross rock left over right, recover weight back onto right.

3 Make a quarter turn left stepping forward on left.

4&5 Kick right forward, step right beside left (taking weight), step forward on left.

Rock forward on right, recover weight onto left.

Make a half turn right stepping on right, left.

Tag (8 Counts) – To be performed after 2nd Repetition of Part B (Facing 12 o'clock).

1 Step right to right side.

2-3 Cross rock left over right, recover weight onto right.

4&5 Step left to left side, close right beside left, step left to left side.

6-7 Cross rock right over left, recover weight onto left. 8& Step right to right side, close left beside right.

Optional Ending.

You'll be Facing 9 o'clock when you've completed your last Part B repetition, Add this Ending for a neat finish facing the Front!

1 Step right to right side.

2-3 Cross rock left over right, recover weight onto right.

4&5 Step left to left side, close right beside left, make a quarter turn left stepping forward on left.

6-7 Step forward on right, Pivot a half turn left.

Enjoy!

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