

2010 Satellite

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Easy Intermediate
編舞者: Shanthie De Mel (AUS) - May 2010
音樂: Satellite - Lena Meyer-Landrut : (2010 Eurovision winner - 2:56)



Begin: Wt on R. 16 count intro. Start on vocals. 190 BPM. (done in 1/2 time).

(1-8) VINE LEFT, SCUFF, VINE RIGHT, HOLD

1,2,3,4 Step L to left side, step R behind L, step L to left side, turning 90° left scuff R to right side (9:00)
5,6,7,8 Step R to right side, step L behind R, step R to right side, hold

(9-16) FWD, LOCK, FWD, SCUFF, FWD, LOCK, FWD, HOLD

1,2,3,4 Step L diag fwd left, lock R behind L, step L diag fwd left, scuff R fwd
5,6,7,8 Step R diag fwd right, lock L behind R, step R diag fwd right, hold (9:00)

(17-24) BACK, LOCK, BACK, LIFT, BACK, LOCK, BACK, HOLD

1,2,3,4 Step L diag back left, lock R in front L, step L diag back left, lift R fwd
5,6,7,8 Step R diag back right, lock L in front of R, step R diag back right, hold (9:00)

(25-32) K-ROCKING CHAIR, SIDE, HOLD

1,2,3,4 Rock L back, return R, rock L to left side, return R
5,6,7,8 Rock L fwd, return R, step L to left side, hold (9:00)

(33-40) PADDLE, PADDLE, SCISSOR RIGHT

1,2,3,4 Step R fwd, pivot 90° left ending with wt on L, step R fwd, pivot 90° left ending with wt on L (3:00)
5,6,7,8 Step R to right side, step L in place, cross R over L, hold (3:00)

(41-48) PADDLE, PADDLE, SCISSOR LEFT

1,2,3,4 Step L fwd, pivot 45° right ending with wt on R, step L fwd, pivot 45° right ending with wt on R (6:00)
5,6,7,8 Step L to left side, step R in place, cross L over R, hold (6:00)

(49-56) TOE-HEEL, TOE-HEEL, MAMBO BACK

1,2,3,4 Step R toe back, drop R heel down, step L toe back, drop L heel down
5,6,7,8 Step R back, step L in place, step R fwd, hold (6:00)

(57-64) TOE-HEEL, TOE-HEEL, BACK, TOUCH, SIDE, HOLD

1,2,3,4 Turning 90° left step L toe fwd, drop L heel down, turning 90° left step R toe fwd, drop R heel down (12:00)
5,6,7,8 Step L back, touch L with R, step R to right side, hold. (12:00)

Tag: At the end of wall 1, hold on L for 6 counts, swaying for 2 counts each, R-L-R

Note: After wall 2, keep to the count, even though the phrasing is off beat. This was done to avoid Restarts!

For split floors, see 'In Orbit' Easy Beginner line dance, done to the same music.