

Don't Worry

拍數: 32 牆數: 4 級數: Improver
編舞者: Hazel Pace (UK) - May 2010
音樂: Spark - Amy Macdonald



Intro: 16 Counts

(1–8) Right Kick & Cross, Side Behind, Right Side Shuffle, Cross Rock Recover.

1&2 Kick right foot forward, step down on right, cross left over right.
3–4 Step right to right side, left behind right.
5&6 Right to right side, left beside right, right to right side.
7–8 Cross rock left over right, recover on right.

(9–16) Side Shuffle Left, Cross, 1/4 Turn Right, Side Shuffle Right, Cross Rock Forward Recover.

1&2 Step left to left side, right beside left, left to left side.
3–4 Cross right over left, make 1/4 turn right stepping back on left. (3.00).
5&6 Step right to right side, left beside right, right to right side.
7–8 Rock forward on left, recover on right.

(17–24) Rock Back Recover, Left Shuffle 1/2 Turn Right, Rock Back Recover.

1–2 Rock back on left, recover on right.
3&4 Left shuffle making 1/2 turn right on left, right, left.
5–6 Rock back on right, recover on left.
7–8 Make 1/2 turn left stepping back on right, 1/4 turn left stepping left to left side.

(25–32) Crossing Shuffle, Side Rock Recover, Behind Side Cross, Make 1/4 Turn Left, Left In Place.

1&2 Cross right over left, left to left side, cross right over left.
3–4 Rock left to left side, recover on right.
5&6 Left behind right, right to right side, cross left over right.
7–8 Make 1/4 turn left stepping slightly back on right, step left beside right.

Keep dancing as the music fades finishing at the front.

Music Suggestion: SMS To My Heart by Modern Talking. (BPM 130). Intro: 32 Counts

TAGS: 2x4 Count Tags at the END of 2nd Sequence – (6.00) & 7th Sequence – (3.00).

1&2 Touch right heel forward, right beside left, touch left heel forward.
&3-4 Step left in place, rock right out to right side, recover on left.
