

Do The Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Joyce Nicholas (MY) - May 2010
音樂: Do the Cha Cha Cha - Alex Swings Oscar Sings!



Intro: 16 count

(1-8) SIDE TOE STRUTS X 2, ROCK & CROSS

1& Touch R toes to right, drop R heel
2& Touch L toes across right, drop L heel
3&4 Rock R to right, recover onto L, cross R over left
5& Touch L toes to left, drop L heel
6& Touch R toes across left, drop R heel
7&8 Rock L to left, recover onto R, cross L over right

(9-16) ¼ TURN MAMBO FORWARD, SHUFFLE BACK, MAMBO BACK

1-2 Make ¼ turn left, step R back, make ½ turn left stepping L forward
3&4 Rock fwd R, rock back on L, step back on R
5&6 Step back on L, close R beside left, step back on L
7&8 Rock back on R, rock fwd on L, Step forward on R

(17-24) L LOCK TOUCH, TAP, TAP, TAP, SIDE TOGETHER ¼ TURN X 2

1&2& Step fwd on L to slightly left diagonal, lock R behind left, step fwd on L to Slightly L diagonal, touch R beside left
3&4 Tap R to right side (further away), tap R to right (nearer), tap R beside left
5&6 Step R to right, step L beside right, make ¼ turn left, step R back
7&8 Step L to left, step R beside left, make ¼ turn left, step L fwd

Restart here during wall 5 & 8

(25-32) ROCK FORWARD, SIDE MAMBO STEPS, HIP ROLL

1-2 Rock R fwd, recover onto L
3&4 Rock R to right side, recover onto L, step R beside left
5&6 Rock L to left side, recover onto R, step L beside right
7-8 Roll hip R to L (clockwise) in 2 count

START AGAIN

RESTARTS: On wall 5 (facing 12.00). Dance 24 count and restart facing 9.00
On wall 8 (facing 3.00). Dance 24 count and restart facing 12.00

ENDING: Dance end on 10th wall (facing 9.00). Do only the first 8 count.
On count 7&8, Rock L to left, turn ¼ right (to face front) Step R forward, Cross L over right and pose!!