

Hey Handsome

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Improver
編舞者: MayKwee - May 2010
音樂: Just One Dance - Caro Emerald



16 Count Intro (11 sec) "Start on Beat"

Back, Back, Back Rock / Recover, 1/4 Turn R, Back, Syncopated Hip Bumps Back, Replace, 1/4 Pivot Turn L

- 1-2 Step back on Rf, step back on Lf
3&4 Make a 1/4 turn right (3) and rock Rf to the right, recover on Lf, and stepping back on Rf weight onto Rf
5&6 Bump R hip back, bump R hip fwd, bump R hip back replace on Lf weight onto Lf (3:00)
&7-8 Replace on Lf weight onto Lf, step forward on Rf, make a 1/4 turn left (12) and take weight onto Lf

Syncopated Side Rock / Recover L-R-L, 1/4 Sailor L, Cross

- &1-2 Step Rf beside Lf, and rock Lf to the left, and recover on Rf weight onto Rf
&3-4 Step Lf beside Rf, and rock Rf to the right, and recover on Lf weight onto Lf
&5-6 Step Rf beside Lf, and rock Lf to the left, and recover on Rf weight onto Rf
7&8 Cross Lf behind Rf, make a 1/4 turn left (9) and step Rf to the right, and cross Lf over Rf

Syncopated Side Points, Replace, 1/4 Turn R, Pushing Hips Back, Recover, Lock Step Fwd, 1/2 Pivot Turn L

- 1&2 Point Rf to the right, step Rf beside Lf, and point Lf to the left weight onto Rf
3-4 Make a 1/4 right (12) and pushing hips back & rolling back on to R heel and recover on Rf
5&6 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf
7-8 Step forward on Rf, make a 1/2 turn left (6) and take weight onto Lf

Diagonal Hip Bumps Fwd, Kick ball Step, Fwd Rock / Recover, Quarter Turn R, Side Rock / Recover

- 1&2 Bumping Hips forward, Bump Hips back, Bump Hips forward (6:00)
3&4 Kicking forward on Rf, replace on Rf on ball, and stepping forward on Lf weight onto Lf
5-6 Rock forward on Rf, recover on Lf weight onto Lf
7-8 Make a quarter turn right (9) and rock Rf to the right, recover on Lf weight onto Lf

Fwd Rock / Recover, Jump Both Feet Apart, Quarter Turn R, Hold, Fwd Rock / Recover, Jump Both Feet Apart, Quarter Turn R, Hold

- 1-2 Rock forward on Rf, Recover on Lf (9:00)
&3-4 Make a 1/4 turn right (12), jump both feet apart, HOLD weight onto both feet
5-6 Rock forward on Rf, Recover on Lf
&7-8 Make a 1/4 turn right (3), jump both feet apart, HOLD weight onto both feet

Back, Touch, Side Chasse, Together, Side Chasse, Side Recover, Behind, 1/4 Turn R, Fwd

- 1-2 Step back on Rf, touch Lf beside Rf weight onto Rf (3:00)
3&4 Step Lf to the left, step Rf beside Lf, and step Lf to the left weight onto Lf
&5-6 Step Rf beside Lf, rock Lf to the left, recover on Rf weight onto Rf
7&8 Step Lf behind Rf, making a 1/4 turn right (6) and step forward on Rf weight onto Rf (6:00)

Start Again And Have Fun!

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