

Yolanda

拍數: 64 牆數: 4 級數: Easy Intermediate
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音樂: Yolanda - Joe Merrick : (CD: Ranches & Rodeos)



64 Count intro.

Step Forward. Hold. Step. Pivot 1/2 Turn Right. Step Forward. Hold. Step. Pivot 1/2 Turn Left.

- 1 – 4 Step forward on Right. Hold. Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)
- 5 – 8 Step forward on Left. Hold. Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)

Step Forward Right. Sweep. Weave Right. Cross Rock.

- 1 – 2 Step forward on Right. Sweep Left out and around from back to front.
- 3 – 6 Cross step Left over Right. Step Right to Right side. Cross Left behind Right. Step Right to Right side.
- 7 – 8 Cross rock Left over Right. Rock back on Right.

Side Step Left. Drag. Back Rock. 1/4 Turn Right. Hold. Step. Pivot 1/2 Turn Right.

- 1 – 2 Long step Left to Left side. Drag/Slide Right towards Left. (Weight on Left)
- 3 – 4 Rock back Right behind Left. Rock forward on Left.
- 5 – 6 Make 1/4 turn Right stepping forward on Right. Hold. (Facing 3 o'clock)
- 7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)

Step Forward Left. Hold. Full Turn Left. Slow Right Shuffle Forward. Brush.

- 1 – 2 Step forward on Left. Hold.
- 3 – 4 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
- 5 – 8 Step forward on Right. Step Left beside Right. Step forward on Right. Brush Left forward.

Left Forward Rock. Slow Left Coaster. Sweep. Cross. Diagonal Step Back Left.

- 1 – 2 Rock forward on Left. Rock back on Right.
- 3 – 5 Step back on Left. Step Right beside Left. Step forward on Left.
- 6 Sweep Right out and around from back to front.
- 7 – 8 Cross step Right over Left. Step Left Diagonally back Left.

Diagonal Step Back Right. Cross. Step Back. Diagonal Step Back Left. Cross. Step. Cross. Hold.

- 1 – 2 Step Right Diagonally back Right. Cross step Left over Right. (Body Facing Right Diagonal)
- 3 – 4 Step back on Right – straightening up. Step Left Diagonally back Left.
- 5 – 8 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. Hold.

Hip Sways x 3. Drag. Back Rock. Side Step Right. Together.

- 1 – 2 Step Left to Left side Swaying Hips Left. Sway Hips Right.
- 3 – 4 Sway Hips Left. Drag/Slide Right towards Left. (Weight on Left)
- 5 – 6 Rock back Right behind Left. Rock forward on Left.
- 7 – 8 Step Right to Right side. Step Left beside Right.

1/4 Turn Right. Hold. Forward Rock. Left Lock Step 3/4 Turn Left. Brush.

- 1 – 2 Make 1/4 turn Right stepping forward on Right. Hold. (Facing 12 o'clock)
- 3 – 4 Rock forward on Left. Rock back on Right.
- 5 – 6 Make 1/2 turn Left stepping forward on Left. Lock step Right behind Left.
- 7 – 8 Make 1/4 turn Left stepping forward on Left. Brush Right forward. (Facing 3 o'clock)

Start Again

