

My Destiny

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Cheryl Parker (AUS) & Gary Parker (AUS) - May 2010
音樂: You Can Get It - Paul Bailey



Alternate Music;

"You Can Get It" By Mark Medlock

"If I Ever Stopped Loving You" by David Kersch

Starts after 32 counts, on vocals.

Rock, Replace, Cross Shuffle, Full Turn, Side Shuffle

1 - 2 Side Rock Right on Right. Recover weight on Left.
3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
5 - 6 Make 1/2 Right stepping back on Left, Make 1/2 turn Right stepping Right to Right side.
(12.00)
7&8 Step Left to Left side. Close Right beside Left. Step Left to Left side.

Rock Back, Rock Forward, Right Kickball Change, 1/2 Pivot, Shuffle Forward R.L.R.

1 - 2 Rock back on Right, Rock forward on Left
3&4 Right Kick Ball Change
5 - 6 Step forward on Right, 1/2 pivot Left, Weight on Left. (6.00)
7&8 Shuffle forward Right, Left, Right.

Rock Forward, Rock Back, Left Coaster Step, Rock Forward, Rock Back, 360. Deg. Triple Step.

1 - 2 Rock Forward on Left, Rock back on Right.
3&4 Step Back on Left, Step Right next to Left, Step forward on Left. (Coaster Step)
5 - 6 Rock forward on Right, Rock back on Left.
7&8 Turning 360 Deg. Right, Triple Step, Right, Left, Right.

Option for Counts 7&8 Right Coaster Step

Side Rock Left, Replace, Left Sailor Step, Right Sailor Step, 1/4 Pivot, Step Together.

1 - 2 Side Rock Left, Side Rock Right,
3&4 Left Sailor Step, Left, Right, Left.
5&6 Right Sailor Step, Right, Left, Right.
7 - 8 Step Forward on Left, Pivot 90.Deg Right, Weight on Right. (9.00)
& Step Left foot next to Right.

3 Small tags

At the end of walls 2 and 6 facing the back do the following 8 counts

Side Rock, Replace, Behind Side Cross, Side Rock, Replace, Behind Side Cross

123&4 Side rock Right, Side rock Left, Step Right behind Left, Step Left to Left, Cross Right over Left.
567&8 Side rock Left, Side rock Right, Step Left behind Right, Step Right to Right, Cross Left over Right.

At the end of wall 4 facing the front do the first 8 counts of the first tag then add the following 8 counts

Step 1/2 Pivot, Step 1/2 Pivot, Rocking Chair, Rock Forward, Back, Back, Forward.

1234 Step forward Right, pivot 1/2 Left, weight on Left, Repeat
5678 Rock forward Right, Rock Back Left, Rock Back Right, Rock forward Left.

If using David Kersch track there are no tags or restarts

Contact Details: moderncountry@dodo.com.au

