Don't Do That

級數: Improver

編舞者: Ria Vos (NL) - May 2010

音樂: Don't Do That - Greg Harris : (Album: The Record)

Intro: 32 counts from start of heavy beat, on vocals

Side Rock, Recover, Behind-Side-Cross, Side Rock, Recover, Sailor 1/4 Turn L

- 1-2 Rock R to Right Side, Recover on L
- 3&4 Step R behind L, Step L to Left Side, Cross R Over L
- 5-6 Rock L to Left Side, Recover on R
- 7&8 Step L Behind R, ¼ Turn L Step R next to L, Step Fwd on L (9:00)

Pivot ½ Turn L, Shuffle Fwd, Full Turn R, Shuffle Fwd

- 1-2 Step Fwd on R, Pivot ¹/₂ Turn L (3:00)
- 3&4 Step Fwd on R, Step L Next to R, Step Fwd on R
- 5-6 ¹/₂ Turn Right Stepping Back on L, ¹/₂ Turn Right Step Fwd on R (3:00)
- 7&8 Step Fwd on L, Step R Next to L, Step Fwd on L

(Easy Option count 5-6: Walk Fwd L,R)

Rock Fwd, Recover, Out-Out, In-In, Monterey ¼ Turn R

- 1-2 Rock Fwd on R, Recover on L
- &3 Step/Jump R Backwards and to Right Side (out), Step/Jump L to Left Side (out)
- &4 Step/Jump R Backwards and to Center (in), Step/Jump L Next to R (in)
- 5-6 Point R to Right Side, ¼ Turn Right Stepping R next to L (6:00)
- 7-8 Point L to Left Side, Step L Next to R

Kick-Ball-Cross x2, Monterey ½ Turn R

- 1&2 Kick R to Right Diagonal, Step on Ball of R next to L, Cross L Over R
- 3&4 Kick R to Right Diagonal, Step on Ball of R next to L, Cross L Over R
- 5-6 Point R to Right Side, ½ Turn Right Stepping R next to L (12:00)
- 7-8 Point L to Left Side, Step L Next to R***Restart Point wall 2 & 4

Chasse R, Rock Back, Chasse L, Rock Back, Recover

- 1&2 Step R to Right Side, Step L Next to R, Step R to Right Side
- 3-4 Rock Back on L, Recover on R
- 5&6 Step L to Left Side, Step R Next to L, Step L to Left Side
- 7-8 Rock Back on R, Recover on L

Jazz Box ¼ Turn R, & Side, Together, Knee Pop, & Side, Together, Knee Pop

- 1-2 Cross R Over L, ¼ Turn Right Step Back on L (3:00)
- 3-4 Step R to Right Side, Step L next to R
- &5-6 Step/Jump R to Right Side, Step L Next to R, Pop R Knee in
- &7-8 Step/Jump R to Right Side, Step L Next to R, Pop R Knee in

(Option Shoulders: count 5&7 L Shoulder Up, Count 6&8 R Shoulder Up)

Restart: On walls 2 (3:00) and 4 (6:00) Restart after count 32

Note: Almost at the end of the dance there's a little break in the beat on counts16-18, just keep dancing through this. (the dance goes out of phrasing for a few seconds till the end)





拍數: 48

牆數:4