

Bliss!

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - May 2010
音樂: That's Where I Belong - Alan Jackson : (CD: Freight Train)



32 count intro - Dance rotates in CW direction

Side. Slide. Back rock. Vine Left. Cross

1 – 2 Long step Right on Right. Slide Left beside Right (weight on Right)
3 – 4 Rock back Left behind Right. Recover onto Right
5 – 6 Step Left to Left side. Cross Right behind Left
7 – 8 Step Left to Left side. Cross Right over Left

Side rock. Cross rock. Side rock. Behind. Quarter turn Right

1 – 2 Rock Left to Left side. Recover onto Right
3 – 4 Cross rock Left over Right. Recover onto Right
5 – 6 Rock Left to Left side. Recover onto Right
7 – 8 Cross Left behind Right. Quarter turn Right stepping forward on Right (Facing 3 o'clock)

Extended lock step forward. Brush. Cross. Back

1 – 2 Step forward on Left. Lock Right behind Left
3 – 4 Step forward on Left. Lock Right behind Left
5 – 6 Step forward on Left. Brush Right forward
7 – 8 Cross Right over Left. Step back on Left

Option: Dip knees slightly as you "lock" behind (steps 2 and 4)

Back. Cross. Sway. Sway. Behind. Quarter turn Left. Step. Pivot three quarter turn Left

1 – 2 Step back on Right. Cross Left over Right
3 – 4 Step Right to Right side swaying hips Right. Transfer weight to Left swaying hips Left
5 – 6 Cross Right behind Left. Quarter turn Left stepping forward on Left
7 – 8 Step forward on Right. Pivot three quarter turn Left (Facing 3 o'clock)

Start again
