

Be Rich & Happy

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sebastiaan Holtland (NL) - May 2010
音樂: If You Wanna Be Rich - Mark Medlock : (CD: Rainbow's End 2010)



Intro: 8 counts (6 sec) on words "If You Wanna Be"

S1: 1-8 Kick & Step Back, Pushing Hips Back, Replace 2x, 1/2 Pivot Turn L, Full Turn L, (Travelling Fwd), Side Point

1&2& Kick forward on Rf, step Rf back in place, step back on Lf and pushing hips back and rolling back on to R heel, replace on Rf (slightly fwd) [12]
3&4& Kick forward on Lf, step Lf back in place, step back on Rf and pushing hips back and rolling back on to L heel, replace on Lf (slightly fwd) [12]
5-6 Step forward on Rf, make a 1/2 turn left [6] and take weight onto Lf
7&8 Step forward on Lf, Travelling Forward...Make a Full turn left stepping L-R-L, and point Rf out to the right side weight onto Lf [6]

Easier option: Counts 7&8 above ...Runs fwd R-L, Side point

S2: 9-16 Mambo / Recover, 1/4 Turn R, Side, Mambo / Recover, Side, Heel Grind 1/4 Turn R, Recover, Together, Heel Grind, Recover, Together

1&2 Mambo forward on Rf, recover on Lf, make a 1/4 turn right (9) and step Rf to the right side weight onto Rf,
3&4 Mambo forward on Lf, recover on Rf, and step Lf out to the left side weight onto Lf
5&6 Heel grind with Rf (toes from left to right) 1/4 turn right [12], Step Lf back, and Rf next to Lf weight onto Rf
7&8 Heel grind with Lf (toes from right to Left), step Rf back, and Lf next to Rf take weight onto both feet [12:00]

S3: 17-24 KICK & SIDE ROCK / RECOVER (slightly forwards), KICK & SIDE ROCK / RECOVER (slightly forwards), 1/2 Pivot Turn L, Scuff Fwd with 1/4 Turn L

1&2& Kicking forward on Rf, step Rf back in place, rock Lf to the left side, recover on Rf
3&4& Kicking forward on Lf, step Lf back in place, rock Rf to the right side, recover on Lf
5-6 Step forward on Rf, make a 1/2 turn left [6] and take weight onto Lf
7&8 Scuff forward on Rf, make a 1/4 turn left and step Rf back in place out to the right side take weight onto both feet [3]

Restart Here in the 3rd & 6th Wall after 24 count

S4: 25-32 Heel &, Heel Switch with 1/4 Turn L, Together, 1/4 Pivot Turn L, Cross Samba (Right & Left), Mambo / Recover, Side

1&2& Touch R heel forward, Replace, make a 1/4 turn Left (12) and bring Left heel diagonal forward (toes up), step Lf next to Rf weight onto Lf
3-4 Step forward on Rf, make a 1/4 Left [9] and take weight onto Lf
5&6 Cross step Rf over Lf, step Lf to the left side & slightly backward, step Rf to the right side & slightly forward
7&8 Mambo forward on Lf, recover on Rf, and step Lf out to the left side weight onto Lf [9]

Tag Here 1st & 4rd Wall after 32 count

1st TAG: WALL 1 after 32 count (Facing 9 o'clock) after Restart the dance

2nd TAG: WALL 4 after 32 count (Facing 3 o'clock) after Restart the dance

TAG:

(1-4) Heel &, Heel &, Toe Out, Replace, Toe Out, Replace

1&2& Touch R heel forward, Replace, touch L heel forward, Replace,
3&4& Turn R toe out to the left side over heel, Replace, Turn L toe out to the left side, Replace take weight onto Lf

Start again. Enjoy!

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