Heartbreak School

級數: Improver

編舞者: Jos Slijpen (NL) - May 2010

音樂: HeartBreak School - James Bonamy : (CD: What I Live To Do)

Intro: 16 counts.

S1: TOUCH RIGHT TOE FWD, HOLD, STEP RIGHT TOGETHER, TOUCH LEFT TOE FWD, HOLD, STEP LEFT TOGETHER, FWD ROCK R, RECOVER, 1/2 TURN RIGHT, 1/4 TURN RIGHT

- 1-2 Touch right toe forward, hold
- &-3-4 Step right beside left, touch left toe forward, hold

牆數: 4

- &5-6 Step left beside right, rock forward on right, recover weight on left
- 7-8 Turn 1/2 right stepping forward on right, turn 1/4 right stepping left to left side [9]

S2: TOUCH RIGHT TOE FWD, HOLD, STEP RIGHT TOGETHER, TOUCH LEFT TOE FWD, HOLD, STEP LEFT TOGETHER, FORWARD ROCK R, RECOVER, 1/2 TURN RIGHT, FORWARD STEP LEFT

- 1-2 Touch right toe forward, hold
- &-3-4 Step right beside left, touch left toe forward, hold
- &5-6 Step left beside right, rock forward on right, recover weight on left
- 7-8 Turn 1/2 right stepping forward on right, step forward left [3]

S3: SIDE STEP RIGHT, TOUCH TOGETHER, SIDE STEP LEFT, TOUCH TOGETHER, FULL TURN VINE RIGHT, TOUCH TOGETHER

- 1-2 Step right to right side, touch left beside right
- 3-4 Step left to left side, touch right beside left
- 5-6 Turn 1/4 right stepping forward on right, turn 1/2 right stepping back on left
- 7-8 Turn 1/4 right stepping right to right side, touch left beside right [3]

S4: SIDE STEP LEFT, TOUCH TOGETHER, SIDE STEP RIGHT, TOUCH TOGETHER, 1/4 TURN LEFT, 1/2 TURN LEFT, BRUSH

- 1-2 Step left to left side, touch right beside left
- 3-4 Step right to right side, touch left beside right
- 5-6 Turn 1/4 left stepping forward on left, turn 1/2 left stepping back on right
- 7-8 Turn 1/2 left stepping forward on left, brush forward right [12]

RESTARTS here during 3rd, 5th and 6th wall

S5: DIAGONAL STEP RIGHT, HOLD, DIAGONAL STEP LEFT, HOLD, SWIVEL STEPS R-L-R, STEP

- 1-2 Step forward right into right diagonal, hold
- 3-4 Step forward left into left diagonal, hold
- 5-6 Swivel forward right, swivel forward left
- 7-8 Swivel forward right, step forward left into left diagonal [12]

Note: on counts 5-6 bend knees and move body downwards - on counts 7-8 raise up again

S6: CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, JAZZ BOX 1/4 TURN RIGHT

- 1-2 Rock right across left, recover weight on left
- 3-4 Rock right out to right side, recover weight on left
- 5-6 Cross step right over left, turn 1/4 right stepping back on left
- 7-8 Step right to right side, step left slightly forward [3]

Start again. Enjoy!

RESTARTS:

During the 3rd, 5th and 6th wall dance up to and including count 32 and start the dance again. You will be





拍數: 48

facing 6 o'clock (3rd wall) and 9 o'clock (5th and 6th wall).

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