Let's Just Dance



拍數: 56 牆數: 4 級數: Improver

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音樂: Why Don't We Just Dance - Josh Turner



Start dancing on lyrics

WALK LFT, RT, LFT, TOUCH RT BEHIND LEFT, WALK BACK RT, LEFT, TRIPLE STEP RT, LFT, RT

1-2-3-4 Walk fwd left, right, left, touch right directly behind left 5-6-7&8 Walk back right, left, triple step in place right, left, right

REPEAT 1-8

ROCK LEFT, RECOVER, SAILOR STEP, ROCK RIGHT, RECOVER, SAILOR STEP

1-2-3&4 Step left to left side, recover on right, swing left behind right, step right to side of left, step

weight onto left

5-6-7&8 Step right to right side, recover on left, swing right behind left, step left beside right, place

weight on right

STEP LEFT FWD, PIVOT ½ TURN, SHUFFLE, STEP RIGHT FWD, PIVOT ½ TURN, SHUFFLE

1-2-3&4 Step left foot forward, pivot half turn to right with weight on right, shuffle forward left, right left 5-6-7&8 Step right foot forward, pivot half turn to left with weight on left, shuffle forward right, left, right

STEP OUTS- STEP OUT HOLD, IN HOLD, OUT, IN, OUT, IN

1-2-3-4 Step out with both feet, hold, step in with both feet, hold

5-6-7-8 Step out both feet, step in both feet, step out both feet, step in both feet

(Make sure you are weighted on the right at the end of this sequence)

STEP LOCK FWD LEFT, RIGHT, LEFT, JAZZ BOX

1-2-3-4 Step left foot forward, lock step right behind left, step left foot forward, scuff right next to left

5-6-7-8 Cross right over left, step back on left, step right beside left, tap left next to right

TOUCHES WITH LEFT, SAILOR STEP, TOUCHES WITH RIGHT 1/4 TURN SAILOR STEP

1-2-3&4 Touch left toe fwd, to the side, swing left behind right, step right beside left, step left and

place weight on right

5-6-7&8 Touch right toe fwd, to the side, swing right behind left making \(\frac{1}{4} \) turn to the Right, step left

beside right, step and place weight on right

RESTART DANCE