

Pink Lady

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Shanthie De Mel (AUS) - May 2010
音樂: Catch a Wave - The Beach Boys : (Album: Greatest Hits - 2:06)



Begin: Wt on L: 8 count intro - "Catch a wave & you're sitting on top - - -". Start after drums.
For split floors, see Beginner line dance "Catch A Wave" by Shanthie De Mel

This is dedicated to 16 year old Jessica Watson, of Australia, the youngest person to circumnavigate the world solo, nonstop, & unassisted, in the boat, 'Ella's Pink Lady' on May 2010. Congratulations. You are an inspiration. Good on ya Jess!

STOMP, HOLD, CROSS/ ROCK, RETURN (TO BOTH SIDES)

1,2,3,4 Stomp R to right side, hold, cross/rock L over R, return R
5,6,7,8 Stomp L to left side, hold, cross/rock R over L, return L (12:00)

BACK, HOLD, BACK/ROCK RETURN - FWD, HOLD, FWD/ROCK, RETURN

1,2,3,4 Step R back, hold, rock L back, return R
5,6,7,8 Step L fwd, hold, rock R fwd, return L (12:00)

SIDE, HOLD, BEHIND, 1/4 RIGHT FWD - FWD, HOLD, FWD, PIVOT 1/2 RIGHT

1,2,3,4 Step R to right side, hold, cross L behind R, turning 1/4 right step R fwd (3:00)
5,6,7,8 Step L fwd, hold, step R fwd, pivot 1/2 left finishing on L (9:00)

SIDE, HOLD, BEHIND, 1/4 RIGHT FWD - FWD, HOLD, FWD, PIVOT 1/4 LEFT

1,2,3,4 Step R to right side, hold, cross L behind R, turning 1/4 right step R fwd (12:00)
5,6,7,8 Step L fwd, hold, step R fwd, pivot 1/4 left finishing on L (9:00)

HEEL, HOLD, HOOK, KICK - FWD, LOCK, FWD, SCUFF

1,2,3,4 Touch R heel fwd, hold, hook R heel in front of L shin, kick R fwd
5,6,7,8 Step R fwd, lock L behind R, step R fwd, scuff L fwd (9:00)

HEEL, HOLD, HOOK, KICK - FWD, LOCK, FWD, SCUFF

1,2,3,4 Touch L heel fwd, hold, hook L in front of R shin, kick L fwd
5,6,7,8 Step L fwd, lock R behind L, step L fwd, scuff R fwd (9:00)

CROSS, HOLD, BACK, SIDE (TO BOTH SIDES, MOVING BACK)

1,2,3,4 Cross R over L, hold, moving back step L back, step R to right side
5,6,7,8 Cross L over R, hold, moving back step R back, step L to left side (9:00)

STOMP, HOLD, PIVOT 1/2 LEFT, HOLD - ROCKING CHAIR WITH 1/4 TURN RIGHT

1,2,3,4 Stomp R fwd, hold, pivot 1/2 left ending on L, hold (3:00)
5,6,7,8 Rock R fwd, return L, rock R back, turning 1/4 right return L. (6:00)