

# Long Cool Woman

**COPPER KNOB**  
STEPSHEETS

拍數: 36      牆數: 2      級數: Improver  
編舞者: Maureen Jones (UK) & Michelle Jones (UK) - May 2010  
音樂: Long Cool Woman (In a Black Dress) - The Hollies



**Intro: 32 counts after main rhythm (28 seconds)**

## **HEEL GRIND-1/4 TURN, BACK, COASTER, SCUFF, STOMP, HOLD**

1-2            Grind right heel forward making  $\frac{1}{4}$  turn right, step left back  
3&4           Step right back, step left beside right, step right forward  
5-6           Step left forward, scuff right forward  
7-8           Stomp right forward, hold

## **SIDE, CROSS, SIDE, CROSS SHUFFLE, SIDE ROCK, $\frac{1}{2}$ HINGE TURN, SCUFF**

&9-10        Step left beside right, step right across left, step left to left  
11&12       Step right across left, step left to left, step right across left  
13-14        Rock left to left, recover onto right  
15-16        On ball of right make  $\frac{1}{2}$  hinge turn left and step left to left, scuff right across left

## **JAZZ BOX, SIDE ROCK, CROSS SHUFFLE**

17-18        Step right across left, step left back  
19-20        Step right to right, step left across right  
21-22        Rock right to right, recover onto left  
23&24        Step right across left, step left to left, step right across left

## **HIP BUMPS WITH HOLD, $\frac{1}{4}$ SHUFFLE TURN, SHUFFLE**

25-26        Step left to left & bump hips left, hold  
27-28        Bump hips right, left  
29&30        Shuffle  $\frac{1}{4}$  turn right stepping right, left, right  
31&32        Shuffle forward stepping left, right, left

## **$\frac{1}{2}$ PIVOT, KICK-BALL-CHANGE**

33-34        Step right forward, pivot  $\frac{1}{2}$  turn left  
35-36        Kick right forward, step right beside left, step left forward

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