

Loose, Loud & Crazy

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jos Slijpen (NL) - May 2010
音樂: Loose, Loud & Crazy - Kevin Fowler : (CD: Loose, Loud & Crazy)



Intro: 5 sec. into the song. Start on the word 'Crazy'.

S1: SIDE SHUFFLE RIGHT, BACK ROCK, RECOVER, SIDE SHUFFLE LEFT, BACK ROCK, RECOVER

1&2 Step right to right side, Step left next to right, Step right to right side
3-4 Rock left back, Recover weight onto right
5&6 Step left to left side, Step right together, Step left to left side
7-8 Rock right back, Recover weight on left

S2: FWD SHUFFLE 1/2 TURN LEFT, FWD SHUFFLE 1/2 TURN LEFT, HEEL SWITCHES R-L-R, HOLD WITH CLAP

1&2 Shuffle forward making 1/2 turn left stepping right-left-right
3&4 Shuffle forward making 1/2 turn left stepping left-right-left
5&6 Touch right heel forward, Step right back, Touch left heel forward
&7-8 Step left back, Touch right heel forward, Hold and clap hands [12]

S3: BACK SHUFFLE RIGHT, SHUFFLE 1/2 TURN LEFT, CROSS SHUFFLE RIGHT, SIDE ROCK LEFT, RECOVER 1/4 TURN RIGHT

1&2 Step right back, Step left together, step right back
3&4 Shuffle 1/2 turn left stepping left-right-left [6]

RESTART here during 4th wall

5&6 Cross step right over left, Step left to left side, Cross step right over left
7-8 Rock left out to left side, Turning 1/4 right recover weight on right [9]

S4: FWD SHUFFLE 1/2 TURN RIGHT, BACK ROCK RIGHT, RECOVER, FWD SHUFFLE RIGHT, STEP, PIVOT 1/2 TURN RIGHT

1&2 Shuffle forward making 1/2 turn right stepping left-right-left [3]
3-4 Rock right back, Recover weight onto left
5&6 Forward shuffle right stepping right-left-right
7-8 Step forward left, Pivot 1/2 turn right [9]

S5: CROSS, SIDE ROCK RIGHT, RECOVER, CROSS ROCK, RECOVER, SIDE SHUFFLE RIGHT, CROSS, 1/4 TURN LEFT

1&2 Cross step left over right, Rock right out to right side, recover weight onto left
3-4 Cross rock right over left, Recover weight onto right

RESTART here during 7th wall

5&6 Side shuffle right stepping right-left-right
7-8 Cross step left over right, Turning 1/4 left step right back

S6: BACK SHUFFLE LEFT, BACK ROCK RIGHT, RECOVER, SHUFFLE 1/2 TURN LEFT, 1/4 TURN LEFT WITH SIDE ROCK LEFT, RECOVER

1&2 Shuffle back stepping left-right-left
3-4 Rock back right, Recover weight onto left
5&6 Forward shuffle making 1/2 turn left stepping right-left-right [6]
7-8 Turning 1/4 left rock left out to left side, recover weight onto right [9]

S7: SAILOR STEP LEFT, CROSS, 1/4 TURN RIGHT, 1/4 RIGHT with SIDE SHUFFLE RIGHT, CROSS ROCK LEFT, RECOVER

1&2 Step left behind right, Step right to right side, Step left to left side

- 3-4 Cross step right over left, 1/4 turn left stepping back onto left [12]
5&6 Turning 1/4 right step right to right side, Step left together, Step right to right side [3]
7-8 Cross rock left over right, Recover weight onto right

S8: SIDE SHUFFLE LEFT, BACK ROCK RIGHT, RECOVER, HEEL SWITCHES R-L-R, HOLD WITH CLAP

- 1&2 Step left to left side, Step together right, Step left to left side
3-4 Rock back right, Recover weight onto left

RESTART here during 1st wall

- 5&6 Touch right heel forward, Step back right, Touch left heel forward
&7-8 Step back left, Touch right heel forward, Hold and clap hands [3]

Start again. Enjoy!

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