

Somnambulism

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Terry Mchugh (UK) - May 2010
音樂: Sleepwalking - Maria Lawson



16 count intro, 80 B.P.M.

Weave to left, cross rock, 1/4 shuffle turn right.

1-2 cross right over left, step left to left side,
3&4 cross right behind left, step left to left side, cross right over left
&5-6 step left behind right, rock right over left, recover on left,
7&8 shuffle 1/4 turn right, stepping right, left, right,

Twinkles travelling fwd, x2, cross rock left over right, shuffle 1/4 turn left.

1&2 cross left over right, step right to right side, step left in place, (travelling fwd)
3&4 cross right over left, step left to left side, step right in place, (travelling fwd)
5-6 cross rock left over right, recover on right,
7&8 shuffle 1/4 turn left, stepping left, right, left,

Right kick ball steps x2, fwd rock and coaster step.

1&2 kick right fwd, step right beside left, step fwd on left,
3&4 repeat steps 1&2,
5-6 rock fwd on right, recover on left,
7&8 step back on right, step left beside right, step fwd on right,

Step fwd on left, pivot 1/2 turn right, weave fwd, step fwd on right, 1/4 turn left, cross rock. side rock.

1-2 step fwd on left, pivot 1/2 turn right,
3&4 step fwd on left and pivot 1/4 turn right on right, (transfer weight to left) cross right behind
left, step 1/4 turn left on left
5-6 step fwd on right, pivot 1/4 turn left,
7&8& cross rock right over left, recover on left, rock right to right side, recover on left