

# Stoked

COPPERKNOB  
STEPSHEETS

拍數: 0      牆數: 3      級數: Phrased Intermediate  
編舞者: Joey Warren (USA) - May 2010  
音樂: Alright (feat. Machel Montano) - Pitbull



## PART A (32 counts)

### R-Rock-Recover, Behind Side Cross, L-Rock-Recover, Behind Side Cross

1 – 2      Rock R out to R, Recover on to L (Sway R hip to R on Rock)  
3-&-4      Step R behind L, Step L out to L, Cross R over L  
5 – 6      Rock L out to L, Recover on to R (Sway L hip to L on Rock)  
7-&-8      Step L behind R, Step R out to R, Cross L over R

### ¼ R Forward, L Lock Step, Step-Lock-Step, Rock ½ Turn L, Full Turn

1 – 2      ¼ Turn R stepping R forward, Lock L foot behind R  
3-&-4      Step R forward, Lock L Behind R, Step R forward  
5-&-6      Rock forward on L, Recover back on R, ½ Turn L stepping L forward  
7 – 8      ½ Turn L stepping R back, ½ Turn L stepping L forward

### Forward Steps w/ Shoulder Sways, Cross-Rock-Recover ¼ Turn, ½ Turn R

1 – 2      Step R out/forward (sway R shoulder R), Step L out/forward (sway L shoulder L)  
3 – 4      Step R out/forward (sway R shoulder R), Step L out/forward (sway L shoulder L)  
5-&-6      Cross rock R over L, Recover back on L, ¼ Turn R stepping R forward  
7 – 8      ¼ Turn R touching L toe out to L, ¼ Turn R stepping L forward

### Scot Step R-L, Double Step on R, Scot Step L-R, Double Step on L

1 – 2      Small scot/hop on L toward R diagonal, Small scot/hop on R towards L diagonal  
3-&-4      Small scot/hop on L towards R diagonal x2  
5 – 6      Small scot/hop on R toward L diagonal, Small scot/hop on L towards R diagonal  
7-&-8      Small scot/hop on R towards L diagonal x2 (make sure weight ends on L)

## PART B (32 counts)

### Jump out, Knee pop, Heel/Toe Swivel x2, Rock-Recover, Cross-Step ½ Turn

1-&-2      Jump out on R&L, Pop both knees up, Bring knees back down  
&3&4      On ball of L & heel of R swivel toes to L, bring back to center, On ball of R foot & heel of L swivel toes to R, bring back to center (weight ends on L)  
&-5-6      Step R foot to L, Rock out on L foot, Recover weight back to R  
&7&8      Cross L over R, ¼ L stepping back R, ¼ L stepping L side, Touch R toe to R side

### Full Turn, Rock-Recover-Cross, ¼ Rock-Recover Half, Walk R, L

1 – 2      ¼ Turn R stepping R forward, ½ Turn R stepping L back  
3-&-4      ¼ Turn R rocking out on R foot, Recover L, Cross R over L  
5-&-6      ¼ Turn L rocking forward on L, Recover on R, ½ Turn L stepping L forward  
7 – 8      Walk forward R, Walk forward L

### Rock & Cross x2, Rock-Recover-1/2 Turn, Weave

&-1-2      Quick rock out/forward with R, Recover on L, Cross R over L  
&-3-4      Quick rock out/forward with L, Recover on R, Cross L over R  
5-&-6      Rock out to R, Recover to L, ½ Turn L stepping R to R side  
7-&-8      Step L behind R, Step R out to R side, Cross L over R

### R Mambo Forward, L Coaster, Brush-Hitch-Touch, Heel Flick-Knee Pop

1-&-2      Rock forward on R, Recover back on L, Step R next to L  
3-&-4      Step L back, Step R back next to L, Step L forward

5-&-6            Brush R forward, Hitch R knee up, Touch R down slightly in front of L  
&7&8            Flick R heel out, Place R back on floor, Pop knees forward, Back to center  
**\*Weight should end on L foot**

**Notes:**

**Part A is only done to the 12 o'clock, 6 o'clock, and one time at end to 3 o'clock**

**Part B is only done to the 12 o'clock and 3 o'clock walls**

**Sequence: A, A, B, 1st 16 of B, A, A, B, 1st 16 of B, .....**

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