It Comes Naturally



拍數: 32 牆數: 4 級數: Intermediate 編舞者: Terri Alexander (USA) & Sandi Larkins (USA) - May 2010

音樂: Naturally - Selena Gomez & The Scene



(1-8) Cross, ¼ R, ¼ R, Cross Rock, Step, Cross Rock

1	Step/Cross R over L	
- 1	Sied/Closs R over L	

- 2 Step L to L turning 1/4 turn R
- 3 Step R to R turning 1/4 turn R
- 4 Cross Rock L over R
- 5 Recover weight to R
- 6 Step L to L
- 7 Cross Rock R over L8 Recover weight to L

(9-16) 1/4 R, 1/2 Pivot R, 1/2 Pivot R, Walk Back R, Walk Back L, R Coaster

- 1 Step R ¼ turn to R
- 2 Step L forward
- 3 Pivot ½ to R (Weight to R)
- 4 Step L back ½ turn R
- 5 Walk back R
- 6 Walk back L
- 7&8 Step back R (7) Step L together with R (&) Step forward R (8)

(17-24) Cross, Hold, Hop, Hold, Cross, Hold, Hop, Hold

- 1 Step/Cross L over R as you turn ¼ L (Weight to L)
- 2 Hold
- & Slight Hop to R on R Turning to L diagonal
- 3 Step L foot next to R Weight to L
- 4 Hold
- 5 Step/Cross R over L (Weight to R)
- 6 Hold
- & Slight Hop to L on L Turning R to R diagonal
- 7 Bring R foot next to L (Weight to R) ****
- 8 Hold

*** RESTART and MOD here.

(25-32) Cross, Sweep, R Lock, ½ Pivot, Step, Sweep

- 1 Step/Cross L over R
- 2 Sweep R over L to L diagonal
- 3&4 Step forward R (3) Step L behind (lock) R (&) Step forward R (4)
- 5 Step forward L
- 6 ½ turn pivot to R (R diagonal)
- 7 Step forward L
- 8 Sweep R over L, turning 1/8 turn to R, squaring up on new wall **

**TAG: 4-Count Tag After 5th Wall – 9 O' Clock

- 1 Step/Cross R over L
- 2 Step back on L
- 3 Step R to R side
- 4 Step L together with R

***RESTART and MOD: - 7th Wall (starts on 6 O'clock)

Dance the first 24 counts of the dance but leave your weight on the left footyou're on the 12 o'clock wall at this point (but body is angled to 1:30)...RESTART is here - with a modification in the first 8 counts – Cross step R over left, turn 1/8 to square up to the 3 o'clock wall (instead of the normal 1/4 turn), turn 1/4 to face the 6 o'clock wall.

1 Cross R over L

2 Step L back 1/8 turn to R, squaring up on 3 O'clock

3 Step R ¼ turn R on 6 O'clock

4-8 Remain the same Now continue the dance as written

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