

Last Drop Of Life

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver
編舞者: Louise Elfvengren (NOR) - May 2010
音樂: Ultima Lágrima da Vida - Piedade Fernandes : (CD: Pyramix)



Intro: Start at vocals

Section 1

ROCK FW REC. COASTER STEP, ½ STEP TURN LEFT, SHUFFLE FORWARD

- 1-2 Rock left fw, recover onto right.
- 3&4 Step left back, step right next to left, step left forward.
- 5-6 Step right forward, turn ½ left stepping left forward. (6)
- 7&8 Step right forward, step left beside left, step right forward.

OPTION 7&8: Full tripleturn left stepping right-left-right.

Section 2

STEP FW, TURN ¼ LEFT, COASTER STEP, ½ STEP TURN LEFT, TAP x 2 RIGHT FOOT

- 1-2 Step left forward, turn ¼ left stepping down on right. (3)
- 3&4 Step left back, step right next to left, step left forward.
- 5-6 Step right forward, turn ½ left stepping down on left. (9)
- 7-8 Tap right foot twice to the right side.

Before restart only one tap, step down on right on count 8

Restart wall 4 (facing 6 o clock)

Section 3

ROCK FW REC. SHUFFLE TURN ½ RIGHT, ROCK AND CROSS SHUFFLE

- 1-2 Rock right forward, recover onto left.
- 3&4 Shuffle turn ½ right, stepping right-left-right. (3)
- 5-6 Rock left to left side, recover onto right.
- 7&8 Cross left in front of right, step right to right side, cross left in front of right.

Section 4

POINT TO RIGHT, POINT FW, LOCK STEP BW, ¼ TURN LEFT, TOUCH ¼ TURN SHUFFLE RIGHT

- 1-2 Point right to right side, point right forward.
- 3&4 Step right back, lock left in front of right, step right back.

Restart wall 9 (facing 9 o clock)

- 5-6 Turn ¼ left stepping down on left, touch right next to left. (12)
- 7&8 Turn ¼ right stepping right forward, step left beside left, step right forward. (3)

OPTION 7&8: Full triple turn right stepping right-left-right

There are TWO Restarts - Wall 4 and Wall 9.