

Run To You

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Colette Sweeney (SCO) - February 2010
音樂: I Run to You - Lady A



32 count intro, start on the word Run

(1-8) R rock recover cross shuffle, step L, ½ R, forward L shuffle

1,2 Rock R out to R side, recover weight onto L
3&4 Cross R over L, step L to L side, cross R over L
5,6 Step L to L side, make ½ turn over R shoulder (stepping onto right foot)
7&8 Step L foot forward, step R next to L, step L forward

(9-16) R rock recover, L back lock step, sweep ¼ turn L, behind side front

1,2 Rock forward onto R foot, recover weight onto L
3&4 Step back on R, cross L over R, step back onto R
5,6 Sweep L leg round to the left, making a ¼ turn L
7&8 Step L behind R, step R to R side, cross L over R

(17-25) R rock recover, sailor step, sailor ¼ turn, walk R L

1,2 Rock R out to R side, recover weight onto L
3&4 Step R behind L, step L to L side, recover weight onto R
5&6 Step L behind R, make a ¼ turn L stepping R to R side, recover weight onto L
7,8 Walk forward R then L

(26-32) Cross, side ½ turn, R weave

1,2 Cross R over L, step L to L side
3,4 Make ½ turn over R shoulder stepping onto R, cross L over R
5,6 Step R to R side, step L behind R
7,8 Step R to R side, cross L over R

START AGAIN

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