

Let's Get Excited

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Colette Sweeney (SCO) - May 2009
音樂: Let's Get Excited - Alesha Dixon



32 Count Intro – Start on Lyrics

(1-9) TOE STRUTS, ROCK RECOVER, BACK LOCK STEP, SAILOR ¼ TURN, STEP ½ PIVOT STEP

1&2& Point R toe out in front, place R heel down, point L toes out in front, place L heel down
3&4& Rock forward on R, rock back onto L, step back onto R, cross L over R
5, 6&7 Step back onto R, L sailor ¼ turn
8&1 Step forward R ½ pivot over L shoulder, step forward R

(10-16) WALKS BACK, SWIVET, ½ MONTERY, CROSS ROCK RECOVER TOUCH

2&, 3 Walk back L, R, L next to right
&,4& Weight on L toe, weight R heel, swivel L heel out to L side, swivel R toe out to R side, recover, Touch R toe next to L foot
5&6& Point R out to R side, make ½ turn over R shoulder, point L out to L side, step down onto L
&7&8& Cross R over L, recover weight onto L, step R to R side, touch L next to R

(17-24) GRAPVINE ¼ TURN, BRUSH, STEP PIVOT (X2), DIAGONAL KICKS, BEHIND POINT, CROSS ¼ BACK TOUCH

1&2& Step L to L side, R behind L, turn ¼ L stepping onto L foot, brush R foot slightly forward
3&4& Step down onto R foot, ½ pivot over L shoulder, step forward R, ½ pivot over L shoulder (Weight on L foot)
5&6& Kick R across L, Kick R out to R diagonally, step R behind L, Point L out to L side
7&8& Cross L over R, step ¼ L back onto R foot, step L next to R, Touch R next to L

(25-32) STEP FORWARD, LOCK STEP, SCUFF HITCH ½ STEP, BUMP, CROSS BACK SIDE TOUCH

1&2& Step forward onto R foot, step forward onto L, lock R behind L, step forward L, Scuff L foot Forward hitching R knee up
3&4& Scuff L foot forward hitching R knee up, ½ turn over L, shoulder stepping back onto R foot, Bump hips back (with attitude)
5&6& Forward onto L, touch R slightly behind L, step back onto R, Kick L out in front
7&8& Cross L over R, step back onto R, step L to L side, touch R next to L