

9 to 5

拍數: 32 牆數: 4 級數: Improver
編舞者: Kim Ray (UK) - April 2010
音樂: 9 To 5 - Dolly Parton : (Various Albums)



16 Count intro

S1: WALKS TO RIGHT DIAGONAL, ½ TURN LEFT STEP, WALKS TO RIGHT DIAGONAL, ½ TURN RIGHT STEP

1-2 Facing right diagonal (1o/c) walk forward on right, walk forward on left
3&4 Still facing right diagonal, step forward on right, ½ pivot turn left, step forward on right
5-6 Facing right diagonal (7o/c) walk forward on left, walk forward on right
7&8 Still facing right diagonal, step forward on left, ½ pivot turn right, step forward on left

S2: HEEL SWITCHES, CROSS & HEEL, CROSS STEP BACK, COASTER STEP (FULL TURN)

1&2 Still facing right diagonal (1o/c) touch right heel forward, step right in place, touch left heel forward
&3&4 Step left in place, cross right over left, step slightly back on left, touch right heel forward
&5-6 Step right in place, cross left over right, step back on right (straightening up to 12o/c)
7&8 Step back on left, step right next to left, step forward on left (or full triple turn left)

S3: WALKS FORWARD, MAMBO STEP, WALKS BACK, COASTER STEP

1-2 Walk forward on right, walk forward on left
3&4 Rock forward on right, recover back on left, step back on right
5-6 Walk back on left, walk back on right
7&8 Step back on left, step right next to left, step forward on left

S4: ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, SIDE CROSS, STEP BACK BACK

1-2 Step forward on right, ½ pivot turn left
3-4 Step forward on right, ¼ pivot turn left (weight is now on left)
5-6 Change weight to right, cross left over right
7-8 Step back on right (angling yourself to new right diagonal), drag left back next to right and take the weight (3o/c)

Restart: Wall 4 facing 9o/c.

Dance up to count 8 of Section 1 only and restart the dance.

My thanks to Jo Conroy (Funky Country) for suggesting this track to me.

(kim@kray1.orangehome.co.uk)