

Hometown Heroes

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Knox Rhine (USA) - September 2008
音樂: Hometown Heroes - Laura Bryna



***24 count intro, start with vocals - CW rotation**

Or: She Can't Fix Grits/ Rick Strickland [136 bpm]

TURN, TOUCH, SIDE, TOUCH

- 1 Step RIGHT foot 1/4 turn right
- 2 Touch LEFT toe next to right foot
- 3 Touch LEFT toe to left side
- 4 Touch LEFT toe next to right foot

TURN, TOUCH, SIDE, TOUCH

- 5 Step LEFT foot 1/4 turn left
- 6 Touch RIGHT toe next to left foot
- 7 Touch RIGHT toe to right side
- 8 Touch RIGHT toe next to left foot

ROCK FORWARD, ROCK BACK

- 9 Step RIGHT foot forward
- 10 Rock back onto LEFT foot
- 11 Step RIGHT foot back
- 12 Rock forward onto LEFT foot

SHUFFLE FORWARD, PIVOT TURN

- 13 Step RIGHT foot forward
- & Step LEFT foot next to right foot
- 14 Step RIGHT foot forward
- 15 Touch LEFT toe forward
- 16 Pivot 1/2 turn right on ball of RIGHT foot

ROCK FORWARD, ROCK BACK

- 17 Step LEFT foot forward
- 18 Rock back onto RIGHT foot
- 19 Step LEFT foot back
- 20 Rock forward onto RIGHT foot

SHUFFLE FORWARD, 1/4 TURN

- 21 Step LEFT foot forward
- & Step RIGHT foot next to left foot
- 22 Step LEFT foot forward
- 23 Touch RIGHT toe forward
- 24 Pivot 1/4 turn left on ball of LEFT foot

CROSS ROCK , SIDE-TOGETHER-SIDE

- 25 Step RIGHT foot across in front of left leg
- 26 Rock back onto left foot
- 27 Step RIGHT foot to right side
- & Step LEFT foot next to right foot

28 Step RIGHT foot to right side

CROSS ROCK, SIDE-TOGETHER-SIDE

29 Step LEFT foot across in front of right leg

30 Rock back onto RIGHT foot

31 Step LEFT foot to left side

& Step RIGHT foot next to left foot

32 Step LEFT foot to left side

BOX STEP, TOUCH

33 Step RIGHT foot across in front of left leg

34 Step LEFT foot back

35 Step RIGHT foot to right side

36 Touch LEFT toe next to right foot

MONTEREY TURN

37 Touch LEFT toe to left side

38 Pivot 1/2 turn left on ball of RIGHT foot, placing LEFT foot next to right foot

39 Touch RIGHT toe to right side

40 Touch RIGHT toe next to left foot

STEP, LOCK, STEP, BRUSH

41 Step RIGHT foot forward

42 Step LEFT foot up behind right foot

43 Step RIGHT foot forward

44 Brush LEFT foot forward

BOX STEP, TOUCH

45 Step LEFT foot across in front of left leg

46 Step RIGHT foot back

47 Step LEFT foot to left side

48 Touch RIGHT toe next to left foot

MONTEREY TURN

49 Touch RIGHT toe to right side

50 Pivot 1/2 turn right on ball of LEFT foot, placing RIGHT foot next to left foot

51 Touch LEFT toe to left side

52 Touch LEFT toe next to left foot

STEP, LOCK, STEP, BRUSH

53 Step LEFT foot forward

54 Step RIGHT foot up behind left foot

55 Step LEFT foot forward

56 Brush RIGHT foot forward

STEP FORWARD, TOUCH, SPLIT, HOLD, RESET, HOLD, STEP BACK, TOUCH

57 Step RIGHT foot forward

58 Touch LEFT toe beside RIGHT instep

& Step LEFT toe back

59 Touch RIGHT heel forward

60 Hold

& Step RIGHT foot to center

61 Touch LEFT toe beside right instep

62 Hold

63 Step LEFT foot back

64

Touch RIGHT toe beside left instep

**** There are two 8 count tags. Repeat counts 57-64 then restart the pattern: All, All, 8, All, All, All, 8, All, 48 (music ends)**
