

Voulez-Vous

COPPERKNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Advanced Intermediate
編舞者: Knox Rhine (USA) - December 2008
音樂: Voulez-Vous - ABBA



Or: Voulez-Vous/ Mamma Mia Cast [126 bpm]

32 count intro, dance starts on count 33 prior to the vocals

'VINE RIGHT, SHOULDER ROCK STEP

- 1 Step RIGHT foot to right side
- 2 Step LEFT foot across behind right leg
- 3 Step RIGHT foot to right side
- 4 Touch LEFT toe forward-left, lift left & dropping right shoulder
- 5 Drop left & lift right shoulder as weight starts to transfer to LEFT foot
- & Lift left & drop right shoulder as weight continues to transfer to LEFT foot
- 6 Drop left & lift right shoulder as weight reaches LEFT foot
- 7 Lift left & drop right shoulder as weight starts to transfer back to RIGHT foot
- & Drop left and lift right shoulder as weight continues to transfer to RIGHT foot
- 8 Lift left & drop right shoulder as weight reaches RIGHT foot

KICK, HOOK, TWIST ROCK STEP

- 9 Kick LEFT foot forward-left
- 10 Hook LEFT foot across right shin
- 11 Turn 1/4 left and step LEFT foot to left side looking back left
- 12 Turn 1/4 right weight on RIGHT foot to face forward

'VINE LEFT, SHOULDER ROCK STEP

- 13 Step LEFT foot to left side
- 14 Step RIGHT foot across behind left foot
- 15 Step LEFT foot to left side
- 16 Touch RIGHT toe forward-right, lift right & dropping left shoulder
- 17 Drop right & lift left shoulder as weight starts to transfer to RIGHT foot
- & Lift right & drop left shoulder as weight continues to transfer to RIGHT foot
- 18 Drop right & lift left shoulder as weight reaches RIGHT foot
- 19 Lift right & drop left shoulder as weight starts to transfer back to LEFT foot
- & Drop right and lift left shoulder as weight continues to transfer to LEFT foot
- 20 Lift right & drop left shoulder as weight reaches LEFT foot

KICK, HOOK, TWIST ROCK STEP

- 21 Kick RIGHT foot forward-right
- 22 Hook RIGHT foot across left shin
- 23 Turn 1/4 right and step RIGHT foot to right side looking back right
- 24 Turn 1/4 left weight on LEFT foot to face forward

PIVOT, PIVOT, SHUFFLE FORWARD, PIVOT, PIVOT, SHUFFLE FORWARD

- 25 Pivot 1/2 turn left on ball of LEFT foot stepping RIGHT foot back
- 26 Pivot 1/2 turn left on ball of RIGHT foot stepping LEFT foot forward
- 27 Step RIGHT foot forward
- & Step LEFT foot beside right foot
- 28 Step RIGHT foot forward
- 29 Pivot 1/2 turn right on ball of RIGHT foot stepping LEFT foot back

- 30 Pivot 1/2 turn right on ball of LEFT foot stepping RIGHT foot forward
- 31 Step LEFT foot forward
- & Step RIGHT foot beside left foot
- 32 Step LEFT foot forward

BACKWARD TRAVELING STEP-BALL-CHANGES

- 33 Step RIGHT foot back
- & Rock forward onto LEFT foot
- 34 Rock back onto RIGHT foot
- 35 Step LEFT foot back
- & Rock forward onto RIGHT foot
- 36 Rock back onto LEFT foot
- 37 Step RIGHT foot back
- & Rock forward onto LEFT foot
- 38 Rock back onto RIGHT foot
- 39 Step LEFT foot back
- & Rock forward onto RIGHT foot
- 40 Rock back onto LEFT foot

EIGHT COUNT SYNCOPATED WEAVE

- 41 Step RIGHT foot across in front of left leg
- 42 Step LEFT foot to left side
- 43 Step RIGHT foot across behind left leg
- & Step LEFT foot to left side
- 44 Step RIGHT foot across in front of left leg
- 45 Step LEFT foot to left side
- 46 Step RIGHT foot across behind left leg
- & Step LEFT foot to left side
- 47 Step RIGHT foot across in front of left leg
- 48 Turn to face left corner, step LEFT foot forward

TOE TOUCH CHARLESTONS, PIVOT TURN, SIDE STEP TURN, CLAP

- 49 Touch RIGHT toe forward
- 50 Touch RIGHT toe back
- 51 Touch RIGHT toe forward
- 52 Touch RIGHT toe back
- 53 Touch RIGHT toe/ball forward
- 54 Pivot 5/8 turn left on ball of LEFT foot (to face side wall)
- 55 Pivot another 1/4 turn left on ball of LEFT foot stepping RIGHT foot to right side
- 56 Clap

EIGHT COUNT SYNCOPATED WEAVE

- 57 Step LEFT foot across in front of right leg
- 58 Step RIGHT foot to right side
- 59 Step LEFT foot across in behind of right leg
- & Step RIGHT foot to right side
- 60 Step LEFT foot across in front of right leg
- 61 Step RIGHT foot to right side
- 62 Step LEFT foot across behind of right leg
- & Step RIGHT foot to right side
- 63 Step LEFT foot across in front of right leg
- 64 Turn to face right corner, step RIGHT foot forward

TOE TOUCH CHARLESTONS, PIVOT TURN, SIDE STEP TURN, CLAP

65 Touch LEFT toe forward
66 Touch LEFT toe back
67 Touch LEFT toe forward
68 Touch LEFT toe back
69 Touch LEFT toe/ball forward
70 Pivot 5/8 turn right on ball of RIGHT foot (to face side wall)
71 Pivot another 1/4 turn right on ball of right foot and step LEFT foot to left side
72 Clap

BUMP, BUMP, KICK-BALL-POINT, SWEEP 1/2 TURN, KICK-BALL-CHANGE

73 Bump hips to right side
74 Bump hips to left side
75 Kick RIGHT foot forward
& Step RIGHT foot beside left foot
76 Point LEFT toe to left side
77 Pivoting on ball of RIGHT foot, sweeping LEFT toe 1/2 turn left
78 Place LEFT foot beside right foot
79 Kick RIGHT foot forward
& Step RIGHT toe/ball beside left foot
80 Step LEFT foot beside right foot

Tag is done once between patterns 2 & 3. Facing the front wall.

"SYNCOATED WAVE"

FORWARD-FORWARD, SNAP, BACK-BACK, SNAP, FORWARD-FORWARD, SNAP, BACK-BACK, SNAP

& Step RIGHT foot forward
T1 Step LEFT foot beside right foot, shoulder width apart
T2 Lean back, swing hands high, snap fingers
& Step RIGHT foot back
T3 Step LEFT foot beside right, shoulder with apart
T4 Lean forward, swing hands low, snap fingers
& Step RIGHT foot forward
T5 Step LEFT foot beside right foot, shoulder width apart
T6 Lean back, swing hands high, snap fingers
& Step RIGHT foot back
T7 Step LEFT foot beside right, shoulder with apart
T8 Lean forward, swing hands low, snap fingers

A special Thanks to Robbin Murphy, Lana and Tony Wilson for their help.
