

Jack's Cha Cha

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BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Michele Perron (CAN) - March 2010
音樂: Go Back, Jack - Gare du Nord : (CD: Club Gare du Nord)



Introduction: 32 Counts – CW Rotation

Sec. I (1- 8) FORWARD, LOCK, FORWARD, FORWARD-LOCK-FORWARD, BREAK/FORWARD, RECOVER/BACK, CHA CHA TURN

1,2,3 RIGHT Step forward, LEFT Lock/Step forward and behind R, RIGHT Step forward
4&5 LEFT Step forward, RIGHT Lock/Step forward and behind L, LEFT Step forward
6,7 RIGHT Break/Step forward; LEFT Recover/Step back
8&1 Turn 1/4 R with RIGHT Cha Cha side R (R side, L Together, R side) (3 o'clock)

Sec. II (9-16) ACROSS, HOLD, &-ACROSS-RECOVER/BACK, SIDE, TOGETHER, CHA CHA TURN

2,3 LEFT Break/Step across front of L; HOLD
&,4,5 RIGHT Step behind R, LEFT Break/Step across front of R, RIGHT Recover/Step behind L
6,7 LEFT Step side L; RIGHT Step beside L
8&1 LEFT Cha Cha side L with 1/4 Turn L (L side, R Together, L Turn) (12 o'clock)

Sec. III (17-24) FORWARD, HOLD, &-FORWARD-BACK, TURN, SIDE, R CROSSING CHA

2,3 RIGHT Break/Step forward; HOLD
&,4,5 LEFT Step behind R; RIGHT Break/Step forward; LEFT Recover/Step back
6,7 Turn 1/4 L with RIGHT Step crossed behind L; LEFT Step side L (9 o'clock)
8&1 RIGHT Crossing Cha side L (R across front of L, L side, R across front of L)

Sec. IV (25-32) TURN, FORWARD, CHA CHA TURN, BACK, TOUCH, TURN

2,3 Turn 1/4 R with LEFT Step back; RIGHT Recover/Step forward (12 o'clock)
4&5 Turn 1/2 R with LEFT Cha Cha (L side 1/4 Turn, R across front of L, L back 1/4 Turn) (6 o'clock)
6,7,8 RIGHT Step back; LEFT Touch in front of R; Turn 1/4 L with LEFT Step forward (3 o'clock)

Begin Again

michele.perron@gmail.com - www.micheleperron.com