

# Cowboy Swingin'

**COPPER** **KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Knox Rhine (USA) - April 2010  
音樂: Swingin' With the Cowboys - George Lee, Jr. & the Crazy Cowboys



Or: Swingin'/ John Anderson

8 Count intro, start with vocals

## BUMP HIPS TO THE LEFT,

1            Step left with LEFT foot bumping hips left  
&            Relax  
2            Bump hips left  
&            Relax  
3            Bump hips left  
&            Relax  
4            Bump hips left, transfer weight to LEFT foot

## BUMP HIPS TO THE RIGHT

&            Lift RIGHT foot  
5            Step to right side with RIGHT foot, bumping hips right  
&            Relax  
6            Bump hips right  
&            Relax  
7            Bump hips right  
&            Relax  
8            Bump hips right, transfer weight to RIGHT foot

## 1 1/4 PADDLE TURN RIGHT

&            Lift LEFT toe slightly  
9            Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (3 o'clock),  
&            Lift LEFT toe slightly  
10          Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (6 o'clock)  
&            Lift LEFT toe slightly  
11          Tap/push LEFT toe to left side & pivot 1/2 turn right on ball of RIGHT foot (12 o'clock)  
&            Lift LEFT toe slightly  
12          Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (3 o'clock)

## SYNCOPATED 'VINE LEFT

13          Step to LEFT side with LEFT foot  
14          Step across behind left leg with RIGHT foot  
&            Step to left side with LEFT foot  
15          Step across in front of left leg with RIGHT foot  
16          Step to left side with LEFT foot

## SYNCOPATED 'VINE RIGHT

17          Step to right side with RIGHT foot  
18          Step across behind right leg with LEFT foot  
&            Step to right side with RIGHT foot  
19          Step across in front of right leg with LEFT foot  
20          Step to right side with RIGHT foot

### **1 1/4 PADDLE TURN RIGHT**

- & Lift LEFT toe slightly
- 21 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (6 o'clock)
- & Lift LEFT toe slightly
- 22 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (9 o'clock)
- & Lift LEFT toe slightly
- 23 Tap/push LEFT toe to left side & pivot 1/2 turn right on ball of RIGHT foot (3 o'clock)
- & Lift LEFT toe slightly
- 24 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (6 o'clock)

### **ROCK-STEP, SHUFFLE BACK,**

- 25 Step forward with LEFT foot
- 26 Rock back onto RIGHT foot
- 27 Step back with LEFT foot
- & Step RIGHT foot next to left foot
- 28 Step back with LEFT foot

### **ROCK-STEP, SHUFFLE FORWARD**

- 29 Step back with RIGHT foot
- 30 Rock forward onto LEFT foot
- 31 Step forward with RIGHT foot
- & Step LEFT foot next to right foot
- 32 Step forward with RIGHT foot

**Repeat**

### **PADDLE TURN OPTION: POINT, HITCH, POINT, TOUCH**

- 9 Touch LEFT toe to left side
- 10 Hitch 1/4 turn right with LEFT knee
- 11 Touch LEFT toe to left side
- 12 Touch LEFT toe beside right foot

**Same for counts 21 thru 24**

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