

Pink Shoe Laces

COPPER KNOB
STEPPERS

拍數: 80 牆數: 1 級數: Phrased Improver
編舞者: Knox Rhine (USA) - April 2010
音樂: Pink Shoe Laces - Dodie Stevens : (170)



16 Count intro

SIDE POINTS

- 1 Point RIGHT toe to right side
- 2 Touch RIGHT toe beside left foot
- 3 Point RIGHT toe to right side
- 4 Step RIGHT foot next to left foot
- 5 Touch LEFT toe to left side
- 6 Touch LEFT toe beside right foot
- 7 Touch LEFT toe to left side
- 8 Step LEFT foot next to right foot

KNEE SLAPS

- 9 Lift RIGHT knee across body slap with LEFT hand
- 10 Touch RIGHT toe to RIGHT side
- 11 Lift RIGHT knee across body slap with LEFT hand
- 12 Step RIGHT foot beside left foot
- 13 Lift LEFT knee across body slap with RIGHT hand
- 14 Touch LEFT toe to left side
- 15 Lift LEFT knee across body slap with RIGHT hand
- 16 Step LEFT foot next to right foot

STRUT BOX

- 17 Step RIGHT heel forward
- 18 Drop RIGHT toe
- 19 Step LEFT heel forward
- 20 Drop LEFT toe
- 21 Step RIGHT foot to right side
- 22 Step LEFT foot next to right foot
- 23 Step RIGHT toe back
- 24 Drop RIGHT heel

STRUT BOX, cont.

- 25 Step LEFT toe back
- 26 Drop LEFT heel
- 27 Step RIGHT toe back
- 28 Drop RIGHT heel
- 29 Step LEFT foot to left side
- 30 Step RIGHT foot beside left foot
- 31 Step LEFT heel forward
- 32 Drop LEFT toe

TOE ROTATIONS, COASTER STEP, TOUCH

Point pointer fingers at toes as you rotate them

- 33 Touch RIGHT heel forward
- 34 Rotate Right toe to right side
- 35 Rotate RIGHT toe to left side

- 36 Rotate RIGHT toe to right side
- 37 Step RIGHT foot back
- 38 Step LEFT foot beside right foot
- 39 Step RIGHT foot forward
- 40 Scuff LEFT heel forward

HEEL TOUCHES

Place thumbs on front of shoulders, fingers pointed forward and lean back

- 41 Touch LEFT heel forward
- 42 Place LEFT foot beside right foot
- 43 Touch RIGHT heel forward
- 44 Place RIGHT foot beside left foot
- 45 Touch LEFT heel forward
- 46 Place LEFT foot beside right foot
- 47 Touch RIGHT heel forward
- 48 Place RIGHT foot beside left foot

TOE ROTATIONS, COASTER STEP, TOUCH

Point pointer fingers at toes as you rotate them

- 49 Touch LEFT heel forward
- 50 Rotate LEFT toe to left side
- 51 Rotate LEFT toe to right side
- 52 Rotate LEFT toe to left side
- 53 Step LEFT foot back
- 54 Step RIGHT foot beside left foot
- 55 Step Left foot forward
- 56 Step RIGHT foot beside left foot

KNEE BENDS, BODY LEANS

Make a halo with your hands palm up to hold the hat

- 57 Straighten both knees, raise hat
- 58 Bend knees, lower hat
- 59 Straighten knees, raise hat
- 60 Bend knees, lower hat
- 61 Lean upper body to RIGHT side still holding hat
- 62 Lean Upper body to LEFT side still holding hat
- 63 Lean upper body to RIGHT side still holding hat
- 64 Lean upper body to LEFT side still holding hat

ROCKING CHAIR, 1/4 TURN, 1/4 TURN

- 65 Step RIGHT foot forward
- 66 Rock back onto LEFT foot
- 67 Step RIGHT foot back
- 68 Rock forward onto LEFT foot
- 69 Step RIGHT toe/ball forward
- 70 Pivot 1/4 turn left on ball of LEFT foot
- 71 Step RIGHT toe/ball forward
- 72 Pivot 1/4 turn left on ball of LEFT foot

ROCKING CHAIR, 1/4 TURN, 1/4 TURN

- 73 Step RIGHT foot forward
- 74 Rock back onto LEFT foot
- 75 Step RIGHT foot back
- 76 Rock forward onto LEFT foot
- 77 Step RIGHT toe/ball forward

- 78 Pivot 1/4 turn left on ball of LEFT foot
- 79 Step RIGHT toe/ball forward
- 80 Pivot 1/4 turn left on ball of LEFT foot

**Phrasing: full pattern, full pattern, partial pattern, full pattern, full pattern, ending
Partial pattern: 1-32 & 65-80 (leave out 33-64)**

Ending: 1-8 & 57-64

SIDE POINTS

- 1 Point RIGHT toe to right side
- 2 Touch RIGHT toe beside left foot
- 3 Point RIGHT toe to right side
- 4 Step RIGHT foot next to left foot
- 5 Touch LEFT toe to left side
- 6 Touch LEFT toe beside right foot
- 7 Touch LEFT toe to left side
- 8 Step LEFT foot next to right foot

KNEE BENDS, BODY LEANS

Make a halo with your hands palm up to hold the hat

- 57 Straighten both knees, raise hat
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 - 61 Lean upper body to RIGHT side still holding hat
 - 62 Lean Upper body to LEFT side still holding hat
 - 63 Lean upper body to RIGHT side still holding hat
 - 64 Lean upper body to LEFT side still holding hat
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