

Forever With Me

COPPERKNOB
STEPSHETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Knox Rhine (USA) - November 2009
音樂: Forever With Me - Carole Champagne



16 count intro.

Alt. Music:

Quit Playing Games/ Backstreet Boys [102 bpm]
Kissing A Fool/ Jeff Cook [112 bpm] 16 count intro

ROCK-STEP, TRIPLE STEP, ROCK-1/4 TURN, TRIPLE STEP

1 Step RIGHT foot forward
2 Rock back onto LEFT foot
3 Step RIGHT foot back
& Step LEFT foot beside right foot
4 Step RIGHT foot back
5 Step LEFT foot to left side
6 Rock a 1/4 turn right onto RIGHT foot
7 Step LEFT foot forward
& Step RIGHT foot beside left foot
8 Step LEFT foot forward

PIVOT TURN, TRIPLE STEP, 1/4 TURN, 1/2 TURN, TRIPLE STEP

9 Step RIGHT toe/ball forward
10 Pivot 1/2 turn left on ball of LEFT foot
11 Step RIGHT foot forward
& Step LEFT foot beside right foot
12 Step RIGHT foot forward
13 Pivot 1/4 turn left on ball of RIGHT foot stepping LEFT foot forward
14 Pivot 1/2 turn left on ball of LEFT foot stepping RIGHT foot back
15 Step LEFT foot back
& Step RIGHT foot beside left foot
16 Step LEFT foot back

BACK-ROCK, 1/2 TURN, 1/2 TURN, JAZZ BOX SHUFFLE

17 Step RIGHT foot back behind left heel
18 Rock forward onto LEFT toe/ball
19 Pivot 1/2 turn left on ball of LEFT foot stepping RIGHT toe/ball back
20 Pivot 1/2 turn left on ball of RIGHT foot stepping LEFT foot forward
21 Step RIGHT foot across in front of left leg
22 Step LEFT foot back
23 Step RIGHT foot to right side
& Step LEFT foot beside right foot
24 Step RIGHT foot to right side

JAZZ BOX SHUFFLE, CROSS-ROCK 1/4 TURN

25 Step LEFT foot across in front of right leg
26 Step RIGHT foot back
27 Step LEFT foot to left side
& Step RIGHT foot beside left foot
28 Step LEFT foot to left side

- 29 Step RIGHT foot forward-left across left leg
- 30 Rock back onto LEFT foot
- 31 Step RIGHT foot 1/4 turn right
- & Step LEFT foot beside right foot
- 32 Step RIGHT foot forward

ROCK-STEP, TRIPLE STEP, ROCK-1/4 TURN, TRIPLE STEP

- 33 Step LEFT foot forward
- 34 Rock back onto RIGHT foot
- 35 Step LEFT foot back
- & Step RIGHT foot beside left foot
- 36 Step LEFT foot back
- 37 Step RIGHT foot to right side
- 38 Rock 1/4 turn left onto LEFT foot
- 39 Step RIGHT foot forward
- & Step LEFT foot beside right foot
- 40 Step RIGHT foot forward

PIVOT TURN, TRIPLE STEP, 1/4 TURN, 1/2 TURN, TRIPLE STEP

- 41 Step LEFT toe/ball forward
- 42 Pivot 1/2 turn right on ball of RIGHT foot
- 43 Step LEFT foot forward
- & Step RIGHT foot beside left foot
- 44 Step LEFT foot forward
- 45 Pivot 1/4 turn right on ball of LEFT foot stepping RIGHT foot forward
- 46 Pivot 1/2 turn right on ball of RIGHT foot stepping LEFT foot back
- 47 Step RIGHT foot back
- & Step LEFT foot beside right foot
- 48 Step RIGHT foot back

BACK-ROCK, 1/2 TURN, 1/2 TURN, JAZZ BOX SHUFFLE

- 49 Step LEFT foot back behind right heel
- 50 Rock forward onto RIGHT toe/ball
- 51 Pivot 1/2 turn right on ball of RIGHT foot stepping LEFT toe/ball back
- 52 Pivot 1/2 turn right on ball of LEFT foot stepping RIGHT foot forward
- 53 Step LEFT foot across in front of right leg
- 54 Step RIGHT foot back
- 55 Step LEFT foot to left side
- & Step RIGHT foot beside left foot
- 56 Step LEFT foot to left side

JAZZ BOX SHUFFLE, CROSS-ROCK 1/2 TURN

- 57 Step RIGHT foot across in front of left leg
- 58 Step LEFT foot back
- 59 Step RIGHT foot to right side
- & Step LEFT foot beside right foot
- 60 Step RIGHT foot to right side
- 61 Step LEFT foot forward-right across left leg
- 62 Rock back onto RIGHT foot
- 63 Step LEFT foot 1/4 turn left
- & Step RIGHT foot beside left foot
- 64 Step LEFT foot 1/4 turn left

