

Sue

拍數: 64 牆數: 4 級數: Improver
編舞者: Daniel Trepát (NL), Darren Bailey (UK), José Miguel Belloque Vane (NL), Pim van Grootel (NL), Raymond Sarlemijn (NL), Roy Verdonk (NL) & Wil Bos (NL) - December 2009
音樂: Runaround Sue - Racey



2x (Side Toe Strut, Back Rock)

1,2 RF touch toes to right, step onto RF
3,4 LF rock back, RF recover
5,6 LF touch toes to left, step onto LF
7,8 RF rock back, LF recover

Diagonal Lock Step With Scuff Right And Left

1-4 RF step diag. forward to the right, cross LF behind RF, RF step diag. forward to the right, LF scuff heel
5-8 LF step diag. forward to the left, cross RF behind LF, LF step diag. forward to the left, RF scuff heel

Slow ½ Step Turn, Slow ¼ Step Turn With Snaps

1-4 RF forward, hold, ½ turn left on RF and step forward onto LF, hold (6.00)
5-8 RF forward, hold, ¼ turn left on RF and step side onto LF, hold (3.00)

at counts 2, 4, 6, 8 snap your fingers

Out-Out, Hold, Back-Back, Hold, ¾ Circle Walk Turn Left

&1,2 step out onto RF, step out onto LF, hold
&3,4 RF step back and out, LF step back and out, hold
5-8 do ¾ turn left by walking 4 steps circle wise RF, LF, RF, LF (6.00)

3x Walk Fwd, Kick, 3x Walk Back, Touch Back

1-4 RF forward, LF forward, RF forward, LF kick forward
5-8 LF back, RF back, LF back, RF touch toes to back

Jazz Triangle With Toe Struts And ¼ Turn Right

1,2 RF touch toes across LF, step onto RF
3,4 LF touch toes back, step onto LF
5,6 ¼ turn right and RF touch toes to right, step onto RF (9.00)
7,8 LF touch toes beside RF, step onto RF

Out Heel, Out Heel, In, In, Toe-Heel-Twist

1,2 RF step forward and out on heel, LF step out on heel
3,4 RF step back to center, LF step together
5,6 swivel left heel right and touch right toes beside LF, swivel left toes to right and touch re heel out
7,8 swivel left heel right and touch right toes beside LF, swivel left toes to right and touch re heel out

Out-Out, Hold, In-Cross, Hold, ½ Unwind Lft Whilst Bouncing Heels

&1,2 RF step forward and out, LF step out, hold
&3,4 LF step back to center, RF cross in front of LF, hold
&5 lift heels, lower heels and turn 1/8 to the left
&6-8 repeat "&5" 3 times and shift weight to the LF (3.00)

Start Again And Have Fun!
