

# Acapella

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Johnny Two-Step (UK) - April 2010  
音樂: Acapella - Kelis



## #64 Count Intro

### ROCK RECOVER, CROSS SHUFFLE, STEP ½ TURN, STEP ¾ TURN

1-2      Rock Right to Right Side Recover on Left Foot  
3&4      Cross Right over Left Step Left to Left Side Cross Right Over Left  
5-6      Step Left Foot Forward Make ½ Turn Right on to Right Foot  
7-8      Step Forward on Left Foot Making a ¾ Turn Right on Left Foot

### ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, ¼ SAILOR STEP

1-2      Rock out to Right Side Recover on to Left Foot  
3&4      Cross Right Over Left Step Left to Left Side Cross Right Over Left  
5-6      Rock Left to Left Side Recover on Right Foot  
7&8      Step Left Behind Right Foot Make a ¼ Turn Left Stepping On Right Foot Step Forward on Left

(Dance counts 1-16, RESTART HERE ON WALL 3 AND WALL 5 AND WALL 8 )

### ROCK RECOVER, COASTER STEP, ROCK RECOVER, ½ TURN SHUFFLE LEFT

1-2      Rock Forward on Right Foot Recover on Left Foot  
3&4      Step Back On Right Foot Step Left Next To Right Foot Step Forward on Right Foot  
5-6      Rock Forward On Left Foot Recover On Right Foot  
7&8      Make ½ Turn Shuffle Left Stepping Left Right Left

### ROCK RECOVER ,COASTER STEP , STEP ¼ RIGHT, CROSS SHUFFLE

1-2      Rock Forward On Right Recover On Left Foot  
3&4      Step Back On Right Step Left Next To Right Foot Step Right Forward  
5-6      Step Forward On Left Foot Make ¼ Turn Right On To Right Foot  
7&8      Cross Left over Right Step Right To Right Side Cross Left Over Right

### BACK BACK, CROSS SHUFFLE BACK, BACK BACK, CROSS SHUFFLE BACK

1-2      Step Back On Right Step Back On Left  
3&4      Cross Right Over Left Step Back On Left Cross Right Over Left  
5-6      Step Back On Left Step Back On Right  
7&8      Cross Left Over Right Step Back On Right Cross Left Over Right

### ROCK BACK RECOVER, ROCK SIDE RECOVER, CROSS SIDE CROSS SIDE CROSS SIDE CROSS SIDE

1-2      Rock Back On Right Foot Recover On Left foot  
3-4      Rock Right To Right Side Recover On Left Foot  
5&6      Cross Right Heel Over Left Step Left To Left Side Cross Right Heel Over Left Foot  
&7&      Step Left Foot To Left Side Cross Right Heel Over Left Step Left To Left Side  
8&      Cross Right Over Left Step Left To Left Side

### ROCK BACK RECOVER, KICK BALL STEP, KICK BALL STEP, ¼ RIGHT TWISTS

1-2      Rock Back On Right Foot Recover On To Left Foot  
3&4      Kick Right Foot Forward Step on Right foot Step Forward On Left Foot  
5&6      Kick Right Foot Forward Step on Right foot Step Forward On Left Foot  
7-8 2      Twists Making ¼ Turn Right Keeping Weight Onto Left Foot

### RIGHT SAILOR STEP, LEFT SAILOR STEP , STEP LOCK ¼ STEP, STEP LOCK ¼ STEP

1&2 Step Right Behind Left Step Left To Left Side Step Right To Right Side  
3&4 Step Left Behind Right Step Right To Right Side Step Left To Left Side  
5&6 Step Right Forward lock Left Behind Right Step  $\frac{1}{4}$  Right Foot  
7&8 Step Left Forward Lock Right Behind Left Step  $\frac{1}{4}$  Right On Left Foot

**Finish Facing 6 O'Clock Wall**

**\*\*\*3 Restarts on Walls 3 and 5 and 8 Dance counts 1 -16 And Restart the dance**

**HAVE FUN**

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**Last Update – 20 Oct. 2019**

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