

Acapella

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Johnny Two-Step (UK) - April 2010
音樂: Acapella - Kelis



#64 Count Intro

ROCK RECOVER, CROSS SHUFFLE, STEP ½ TURN, STEP ¾ TURN

1-2 Rock Right to Right Side Recover on Left Foot
3&4 Cross Right over Left Step Left to Left Side Cross Right Over Left
5-6 Step Left Foot Forward Make ½ Turn Right on to Right Foot
7-8 Step Forward on Left Foot Making a ¾ Turn Right on Left Foot

ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, ¼ SAILOR STEP

1-2 Rock out to Right Side Recover on to Left Foot
3&4 Cross Right Over Left Step Left to Left Side Cross Right Over Left
5-6 Rock Left to Left Side Recover on Right Foot
7&8 Step Left Behind Right Foot Make a ¼ Turn Left Stepping On Right Foot Step Forward on Left

(Dance counts 1-16, RESTART HERE ON WALL 3 AND WALL 5 AND WALL 8)

ROCK RECOVER, COASTER STEP, ROCK RECOVER, ½ TURN SHUFFLE LEFT

1-2 Rock Forward on Right Foot Recover on Left Foot
3&4 Step Back On Right Foot Step Left Next To Right Foot Step Forward on Right Foot
5-6 Rock Forward On Left Foot Recover On Right Foot
7&8 Make ½ Turn Shuffle Left Stepping Left Right Left

ROCK RECOVER ,COASTER STEP , STEP ¼ RIGHT, CROSS SHUFFLE

1-2 Rock Forward On Right Recover On Left Foot
3&4 Step Back On Right Step Left Next To Right Foot Step Right Forward
5-6 Step Forward On Left Foot Make ¼ Turn Right On To Right Foot
7&8 Cross Left over Right Step Right To Right Side Cross Left Over Right

BACK BACK, CROSS SHUFFLE BACK, BACK BACK, CROSS SHUFFLE BACK

1-2 Step Back On Right Step Back On Left
3&4 Cross Right Over Left Step Back On Left Cross Right Over Left
5-6 Step Back On Left Step Back On Right
7&8 Cross Left Over Right Step Back On Right Cross Left Over Right

ROCK BACK RECOVER, ROCK SIDE RECOVER, CROSS SIDE CROSS SIDE CROSS SIDE CROSS SIDE

1-2 Rock Back On Right Foot Recover On Left foot
3-4 Rock Right To Right Side Recover On Left Foot
5&6 Cross Right Heel Over Left Step Left To Left Side Cross Right Heel Over Left Foot
&7& Step Left Foot To Left Side Cross Right Heel Over Left Step Left To Left Side
8& Cross Right Over Left Step Left To Left Side

ROCK BACK RECOVER, KICK BALL STEP, KICK BALL STEP, ¼ RIGHT TWISTS

1-2 Rock Back On Right Foot Recover On To Left Foot
3&4 Kick Right Foot Forward Step on Right foot Step Forward On Left Foot
5&6 Kick Right Foot Forward Step on Right foot Step Forward On Left Foot
7-8 2 Twists Making ¼ Turn Right Keeping Weight Onto Left Foot

RIGHT SAILOR STEP, LEFT SAILOR STEP , STEP LOCK ¼ STEP, STEP LOCK ¼ STEP

1&2 Step Right Behind Left Step Left To Left Side Step Right To Right Side
3&4 Step Left Behind Right Step Right To Right Side Step Left To Left Side
5&6 Step Right Forward lock Left Behind Right Step $\frac{1}{4}$ Right Foot
7&8 Step Left Forward Lock Right Behind Left Step $\frac{1}{4}$ Right On Left Foot

Finish Facing 6 O'Clock Wall

*****3 Restarts on Walls 3 and 5 and 8 Dance counts 1 -16 And Restart the dance**

HAVE FUN

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