

In Your Arms

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Phrased Intermediate
編舞者: R12 - April 2010
音樂: In Your Arms - Elvis Presley : (CD: Something For Everybody)



Sequence: A A B A C B A A(16)

Intro : 16 Counts

PART A (32)

Section 1

Chasse Right, Rock Back, Chasse Left, Rock Back.

- 1&2 Step R to R side. Step L next to R. Step R to R side.
- 3-4 Rock back on L. Recover onto R.
- 5&6 Step L to L side. Step R next to L. Step L to L side.
- 7-8 Rock back on R. Recover onto L.

Section 2

Toe, Heel, Cross, Hold, Toe ,Heel, Cross, Hold (Sugar Foot)

- 1-2 Right toe touch to left instep, right heel touch to left instep
- 3-4 Cross right over left, Hold (4)
- 5-6 Left toe touch to right instep, left heel touch to right instep
- 7-8 Cross left over right , Hold (4)

Section 3

Right Kick Ball Change – Back, ¼ turn Right Kick Ball Change Fwd, Side, Cross Kick, Side, Cross Kick

- 1&2 Kick right Back diagonally right , Replace weight on the ball of right, Replace weight on Left (12:00)
- 3&4 ¼ turn Right Kick Ball Change (Fwd) , Kick right Fwd , Replace weight on the ball of right , Replace weight on left (3:00)
- 5-6 Step right to side, Cross kick left over right
- 5-7 Step left to side, Cross kick right over left

Section 4

Rock Back, Recover, ¼ Left chasse Right, Left Step Back, ¼ turn Right, Step Back Right, Recover , Touch Right

- 1-2 Rock Back On right , Recover onto Left
- 3&4 ¼ Left , Step R to R side. Step L next to R. Step R to R side. (12:00)
- 5-6 Step back Left, ¼ turn right, Step back right (3:00)
- 7-8 Recover onto Left , Touch Right beside Left

PART B (32) (Facing 6:00)

Section 1

Right Fwd Diagonally, Hold , Left Fwd Diagonally, Hold, Chicken Walks, (6:00)

- 1-2 Right Fwd Diagonally, Hold (Body may lean backwards)
- 3-4 Left Fwd Diagonally, Hold (Body may lean backwards)
- 5-6 Step Right Fwd (outward-diagonal directions) swivel at the moment of weight transfer, while turning hips and shoulders to the right, Step Left Fwd (outward-diagonal directions) swivel at the moment of weight transfer , while turning hips and shoulders to the Left.
- 7-8 Repeat 5-6 (6: 00)

Section 2

Right shuffle Fwd, Left Shuffle ½ Right, ½ Right Step Right Fwd, Step Left Fwd, Foward Rock , Recover,

- 1&2 Right Shuffle Fwd, Stepping Right, Left, Right (6:00)
- 3&4 Step Left into shuffle ½ turn Right , stepping Left, Right, Left (12 : 00)
- 5-6 ½ Right, Step right Fwd , Step Left Fwd (6:00)
- 7-8 Rock Right Fwd, Recover onto Left (6:00)

Section 3

Rock Back, Recover, Toe, Heel (x 2), Toe Kick, Traveling To Right

- 1-2 Rock back on R. Recover onto L.
- 3-4 Right toe touch to left instep, right heel touch to left instep
- 5-6 Right toe touch to left instep, right heel touch to left instep
- 7-8 Right toe touch to left instep, Kick Right Fwd

(On count 3-8, Traveling / swiveling to Right)

Section 4

Right Toe Strut Fwd , Left Toe Strut Fwd , Chicken Walks (6:00)

- 1-2 Touch right toe forward, drop right heel
- 3-4 Touch left toe forward, drop left heel
- 5-6 Step Right Fwd (outward-diagonal directions) swivel at the moment of weight transfer, while turning hips and shoulders to the right, Step Left Fwd (outward-diagonal directions) swivel at the moment of weight transfer , while turning hips and shoulders to the Left.
- 7-8 Repeat 5-6 (6:00)

PART C (32) (Facing 9:00)

Section 1

Rock Back, Recover, ¼ Left chasse Right, Left Step Back, ½ turn Right, Left shuffle ½ turn right

- 1-2 Rock Back On right , Recover onto Left (9:00)
- 3&4 ¼ Left , Step R to R side. Step L next to R. Step R to R side (6:00)
- 5-6 Step Back on Left , ½ right, step right Fwd, (12:00)
- 7&8 Step Left into shuffle ½ turn Right , stepping Left, Right, Left (6 :00)

Section 2

Rock Back, Recover, ¼ Left chasse Right, Left Step Back, ½ turn Right, Left shuffle ½ turn right

- 1-2 Rock Back On right , Recover onto Left (6:00)
- 3&4 ¼ Left , Step R to R side. Step L next to R. Step R to R side (3:00)
- 5-6 Step Back on Left , ½ right, step right Fwd, (9:00)
- 7&8 Step Left into shuffle ½ turn Right , stepping Left, Right, Left (3 :00)

Section 3

Rock Back, Recover, ¼ Left chasse Right, Left Step Back, ½ turn Right, Left shuffle ½ turn right

- 1-2 Rock Back On right , Recover onto Left (3:00)
- 3&4 ¼ Left , Step R to R side. Step L next to R. Step R to R side (12:00)
- 5-6 Step Back on Left , ½ right, step right Fwd, (6:00)
- 7&8 Step Left into shuffle ½ turn Right , stepping Left, Right, Left (12 :00)

Section 4 (12:00)

Rock Back, Recover, Right Shuffle Fwd, Left shuffle Back , Rock Back, Recover

- 1-2 Rock Back on Right , Recover onto Left,
- 3&4 Right Shuffle Fwd, Stepping Right, Left, Right
- 5&6 Left Shuffle Back, Stepping, Left, Right, Left
- 7-8 Rock Back on Right, Recover onto Left (12:00)

Harder option for :

(Count 3&4 – 5&6 : Right Triple Fwd, Full turn right 360 on ball of Right Foot , Left Triple Steps Back (American Spin)

Try it out, I'm Sure You Have Fun !!!

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