We Fly By Night



拍數: 64 編數: 2 級數: High Improver / Intermediate

編舞者: Mal Jones (UK) - April 2010

音樂: We Fly By Night - Gary Allan: (CD: Get Off On The Pain)



Or - Any slow cha cha

16 count intro 92 b.p.m.

RIGHT SWEEP CROSS, SIDE, BACK, CROSS, 1/4 TURN LEFT, 1/4 TURN LEFT, CROSS ROCK RECOVER.

Sweep right foot from back over left place right over left, step left to left side, step right to right side, cross left over right.

Making ¼ turn left step back onto right, making ¼ turn left step left to left side, cross right over left and recover back onto left. [6 o'clock]

RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE.

1 2 3 & 4 Step right to right side, recover on left, cross right over left, step left to left side, cross right over left.

5 6 7 & 8 Step left to left side, recover on right, cross left over right, step right to right side, cross left over right.

1/4 TURN LEFT, 1/4 TURN LEFT, CROSS ROCK, COASTER STEP, SIDE, HOLD

1 2 3 4 Step back on right making ¼ turn left, step forward on left, making ¼ turn left, cross rock right over left and recover on left.

5 & 6 7 8 Step back onto right, back onto left, forward on right, step left foot to left side and hold for one count. [12 o'clock]

RIGHT BACK ROCK, SIDE CHASSE, CROSS, SIDE, BEHIND, SWEEP.

1 2 3 & 4 Step back onto right, recover on left, side step right, step left next to right, side step right, 5 6 7 8 Cross left over right, side step right, cross left behind right, sweep right foot around from front to back.

RIGHT BACK ROCK, SHUFFLE ½ TURN LEFT, BACK ROCK, ¼ SIDE CHASSE.

1 2 3 & 4 Step back onto right foot, rock recover onto left, step forward on right, making ¼ turn left bring left foot to right, step back on right making ¼ turn left.

5 6 7 & 8 Step back onto left, recover onto right ,step forward on left making ¼ turn right, step right next to left, step left to left side. [9 o'clock]

RIGHT BACK ROCK, STEP FORWARD, POINT SIDE, STEP FORWARD, POINT SIDE, FORWARD ROCK RECOVER.

1 2 3 4 Step back on right, recover on left, step forward on right, point left toe to left side.

5 6 7 8 Step forward on left, point right toe to right side, step forward on right, recover onto left.

½ TURN RIGHT, ½ TURN RIGHT, COASTER CROSS, LEFT SIDE ROCK CROSS, HOLD. (Easier option, Walk back on right, walk back on left, coaster cross, side rock, hold).

1 2 3 & 4 Step forward on right making ½ turn right, step back on left making ½ turn right, step back onto right, step back onto left, cross right over left.

5 6 7 8 Step left to left side, recover onto right, cross left foot over right, hold for one count. [9 o'clock]

RIGHT SIDE ROCK, CROSS HOLD, SWEEP, 1/4 TURN LEFT, SIDE, POINT.

1 2 3 4 Step right to right side, recover onto left, cross right over left, hold for one count.

Sweep left foot from behind and cross over left, step back onto right making $\frac{1}{4}$ turn left, step left to left side, placing weight onto left angling body to left diagonal, point right toe to right side. [6 o'clock]