

Hey Mister Mister

COPPER KNOB
BY FRANCIS SITTROP

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Francien Sittrop (NL) & Anja v Sommeren - April 2010
音樂: Hey, Soul Sister - Train : (3:36)



Intro : After 16 counts on Vocals

(1 – 8) Step Fwd, Pivot ½ L, Kick & Point & Point, ¼ Monterey, Heel Jack

1-2 Step R fwd, Pivot ½ Turn L (6.00)
3& Kick R fwd, Step R next to L
4& Touch L to L side, Step L next to R
5 & 6 Touch R to R side, ¼ Turn R and step R next L, Touch L to L side (9.00)
&7 Step L down, Step R across L
&8 Step L back, Touch R heel fwd

(9-16) Ball Cross, Side, Sailor ½ Turn L, Ball step, Shuffle fwd, Mambo step Back

&1-2 Step R next to L, Step L across R, Step R to R side
3 & 4 Sweep L behind R with ½ Turn L, Step R to R side, Step L to L side (3.00)
&5&6 Step R next to L, Step L fwd, Step R next to L, Step L fwd
7&8 Rock R fwd, Recover on L, Step R back

(17-24) Full Turn L, Coaster Step, Paddle ½ Turn, Samba Step

1-2 ½ Turn L step L fwd, ½ Turn L step R back (Easier option: 2 Walks back L,R)
3&4 Step L back, Step R next to L, Step L fwd
&5&6 Hitch R with ¼ turn L, R point side x2 (9.00)
7&8 Step R across L, Rock L to L side, Recover on R.

(25-32) Samba Step, Step fwd, Pivot ½ Turn L with Touch, Weave L

1 & 2 Step L across R, Rock R to R side, Recover on L
3 & 4 R step fwd, ½ turn L, Touch R next to L (3.00)
5&6& Step R to R side ,L behind R, Step R to R side, Step L across R
7&8& Step R to R side ,L behind R, Step R to R side, Step L fwd

Option Weave : Slow Weave: 5 – 8 Step R to R side, Step L behind R, Step R to R side, Step L fwd

Restart wall 4 :

Count 16 Touch R next to L instead of stepping back (your facing the front) and start again with count 1

Ending :

Last wall do the last mambo step back (15 & 16) then Touch L back and make ¾ Turn L to the front wall again

Website : www.franciensittrop.nl