

Condor Hero

拍數: 40 牆數: 4 級數: Improver
編舞者: Crystal Lee (SG) - January 2010
音樂: El Condor Pasa (If I Could) - Simon & Garfunkel



Intro: **START** on the word "SNAIL"

Toe Struts, Scissors, Cross, Hold

- 1 – 4 Right toe strut – touch right toes forward, step right heel down. Left toe strut - cross touch left toes over right, step left heel down.
5 – 8 Step R to the right, step L beside right, cross step R over L, hold.

Toe Struts, Side, Rock ¼ Turn Right, Hold

- 1 – 4 Left toe strut – touch left toes forward, step left heel down. Right toe strut - cross touch right toes over left, step right heel down.
5 – 8 Step L to the left, recover onto R, ¼ turn right and step L forward, hold.

Step Touch X 4

- 1 – 4 Step R diagonally forward, touch L beside R, step L diagonally back, touch R beside L.
5 – 8 Step R diagonally back, touch L beside R, step L diagonally forward, touch R beside L.

Right Vine ¼ Turn Right, Touch, Left Sailor Step, Hold

- 1 – 4 Step R to right, step L behind R, ¼ turn right, step R forward, touch L beside R.
5 – 8 Step L behind R, step R to right, step L to left, hold.

Pivot ½, Pivot ¼, Cross, Side Rock, Cross

- 1 – 4 Step R forward, pivot half turn left, step R forward, pivot ¼ turn left.
5 - 8 Cross step R over L, step L to left, rock recover onto R, cross step L over R.

START AGAIN

TAG: At the end of 4th wall, dance the following 16-count tag.

Forward Mambo, Hold, Back Mambo, Hold

- 1 - 4 Step forward on R, recover on L, step R beside L, hold.
5 - 8 Step back on L, recover on R, step L beside R, hold.

Right Mambo, Hold, Left Mambo, Hold

- 1 – 4 Step R to right, recover on L, step R beside L, hold.
5 – 8 Step L to left, recover on R, step L beside R, hold.
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