

A Mother's Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Warnars (NL) - April 2010
音樂: Mama's a Star - Heather Myles : (CD: In the wind)



Intro 16 counts.

STEP FORWARD, TOE TOUCHES, LOCK STEP BACK, 2 SWEEP STEPS BACK, COASTER STEP;

1. RF Step forward
2. LF Touch with toes behind RF
3. LF Step backwards
- & RF Cross step in front of LF
4. LF Step backwards
5. RF Step backwards with sweep
6. LF Step backwards with sweep
7. RF Step backwards
- & LF Step / close beside RF
8. RF Step forward

STEP, ½ TURN, ½ TURN SHUFFLE, ROCK, RECOVER, KICK BALL CROSS;

1. LF Step forward
2. LF&RF Make a ½ turn right (6)
3. LF Step ¼ turn right side (9)
- & RF Step / closes next to LF
4. LF Step ¼ turn right backwards (12)
5. RF Step / rock back
6. LF Recover weight on LF
7. RF Kick diagonal right
- & RF Step / closes next to LF
8. LF Cross step Left over RF

SIDE ROCK, RECOVER, CROSS SHUFFLE, ¼ TURN, ¼ TURN, LOCK STEP;

1. RF Step / rock to right side
2. LF Recover weight on LF
3. RF Cross step RF over LF
- & LF Step beside RF
4. RF Cross step RF over LF
5. LF Step ¼ turn right back (3)
6. RF Step ¼ turn right forwards (6)
7. LF Step forward
- & RF Cross step RF behind LF
8. LF Step forward

ROCK, RECOVER, BACK LOCK STEP, 2 counts FULL TURN, SAILOR ¼ TURN;

1. RF Step / rock forward
2. LF Recover weight on LF
3. RF Step backwards
- & LF Cross step in front of RF
4. RF Step backwards
5. LF Step ½ turn left forwards (12)
6. RF Step ½ turn left backwards (6)
7. LF Step ¼ turn left crossed behind right (3)

- & RF Step right to right side
- 8. LF Step forward

- 1. RF start again ...

NOTE: (Bridge)

Add the next steps at the end of walls 2 (6:00), 6 (6:00) and 9 (3:00)!

ROCKING CHAIR;

- 1. RF Step / rock forward
 - 2. LF Recover weight on LF
 - 3. RF Step / rock back
 - 4. LF Recover weight on LF
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